

LETTERING THE WORD BEGINNER'S RETREAT

SCHEDULE (all conferences in St. Maur Hall, 2nd floor, Room 206)

TUESDAY

3:00 pm Arrival time and check-in

4:00 Opening Session (St. Maur Hall, 2nd floor, Room 206)

Overview of the retreat and expectations

Introduction to the practice of *lectio divina*

Orientation to the Liturgy of the Hours

5:15 Vespers (Basilica)

6:00 Supper (St. Joseph Hall dining room; participants encouraged to sit together at supper; silence does not begin until the evening conference.)

7:00 **Blessing of Hands and the Scriptorium**

Conference 1: Entering into Silence

Lectio Session

Compline together in the Scriptorium

8:00 Meditation time

WEDNESDAY

6:00 Vigils (optional, Basilica)

7:15 Lauds (Basilica)

7:40 Breakfast (St. Joseph Hall **student dining room**)

8:30 **Conference 2: Meditating on the Word (*meditatio*)**

Lectio Session

9:15 Brief break

9:30 Terms and history of the script
Skeletal Letterforms (minuscules)

11:45 Mass (Basilica)

12:30 Lunch (St. Joseph Hall **dining room**)

1:00 Daytime Prayer (optional, Basilica)

Free time (rest, walk, pray)

2:30 **Conference 3: The Word that Changes Lives (preparation for Reconciliation)**

Lectio Session

Brief Break

3:15 Pen-written minuscules; refinement and spacing of letterforms

5:15 Vespers (Basilica)

6:00 Supper (St. Joseph Hall **student dining room**)

7:15 Compline (Basilica)

7:35 Holy Hour and Celebration of the Sacrament of Reconciliation (Basilica)

THURSDAY

6:00 Vigils (optional, Basilica)

7:15 Lauds (Basilica)

7:40 Breakfast (St. Joseph Hall **student dining room**)

8:30 **Conference 4: Praying the Word (*oratio*)**

Lectio Session

9:15 Brief Break

9:30 Skeletal letters (Capitals)
11:45 Mass (Basilica)
12:30 Lunch (St. Joseph Hall **student dining room**)
1:00 Daytime Prayer (optional, Basilica)
Free time (rest, walk, pray)
2:30 **Conference Session 5: The Word that Leads to Contemplation (*contemplatio*)
Lectio Session**
2:45 Brief break
3:00 Pen-written Capitals; Refinement and spacing
5:15 Vespers and Holy Hour (Blessed Sacrament exposed during Vespers; Basilica)
6:15 Supper (St. Joseph Hall **student dining room**)
7:15 Compline (Basilica)
7:40 Combining minuscules and capitals into sentences
8:30 Meditation time

Friday

6:00 Vigils (optional, Basilica)
7:15 Lauds (Basilica)
7:40 Breakfast (St. Joseph Hall **student dining room**); check out of rooms.
8:30 **Conference: *Lectio divina* for Everyday Life
Lectio Session**
9:15 Brief break
9:30 Refinement of letterforms, spacing
11:00 Directions for the future, closing remarks, and cleanup
11:45 Mass (Basilica)
12:30 Lunch together as a group in St. Joseph Hall, **dining room**

Items to bring:

1. Bible (NABRE version of the bible is provided in your guest room)
2. Pencil
3. Thermal cup, if you drink coffee or tea (no coffee or tea is available in St. Maur Hall but it is available in the guest dining room and the guest houses.)
4. Bring a watch if you rely on your phone to tell time.
5. (Your *Lettering the Word Bundle* if you already have one; otherwise, it is provided in the cost of the retreat.)

Items provided for you:

1. *Lettering the Word Bundle* from Altar + Home (Includes a calligraphy marker, journal, booklet of the practice of *lectio divina*, calligraphy instruction book and a QR Code link to online videos for continuing study).
2. Folder containing supplementary lettering materials
3. Scripture passages for daily *lectio divina* sessions
4. Lined practice paper

Please note: Silence will be observed throughout the week. All are strongly encouraged to disconnect from technology during this time.