

PRAYER. SILENCE. LECTIO DIVINA.

# ENCOUNTERING CHRIST

## SAMPLE SCHEDULE

### Friday

3:00–5:00 pm Arrival

5:15 pm Vespers/Evening Prayer (Basilica), followed by Supper (Guest Dining Room)

7:00 pm Conference One, silence begins  
Followed by time for prayer and reflection

### Saturday

6:00 am *Vigils with the Monks (optional)*

7:15 am Lauds/Morning Prayer (Basilica) followed by Breakfast

9:00 am Conference Two, followed by time for prayer and reflection

11:45 am Mass (Basilica), followed by Lunch

1:00 pm *Daytime Prayer with the Monks (optional)*

1:15 pm Time for prayer and reflection

2:30 pm Conference Three, followed by time for prayer and reflection

5:15 pm Vespers (Basilica), followed by Supper

7:15 pm Compline/Night Prayer (Basilica)

7:35 pm Holy Hour with Benediction, Sacrament of Reconciliation (Basilica)

### Sunday

6:20 am *Vigils with the Monks (optional)*

7:45 am Lauds (Basilica), followed by Breakfast

9:00 am Conference Four, followed by time for prayer and reflection

10:30 am Mass (Basilica)

11:30 am Lunch, silence concludes

Departure



**CONCEPTION**

*Living the Benedictine Tradition*

**ABBAY GUEST CENTER**