

celebrating 150 years

Another addition to our 150th Anniversary celebration throughout 2023 is a series of Reflection Days with Fr. Xavier Nacke, OSB. These Reflection Days are tied to Benedictine tradition, specifically themed on *reverence*.

Blessed of God. Blessed by God, our dignity calls us to base our life on the practice of reverence in the various areas of our lives. "The earth has yielded its fruit for God, our God, has blessed us. May God still give us his blessing that all the ends of the earth may revere him." Ps.67: 7-8.

Our practice of reverence becomes a structure for living. We want to elicit this reverence in our lives by offering opportunities to join with others in discussing selected reading material on this subject.

Calendar of Reflection Days

Choose from six Thursdays between June and November 2023. Choose one, a few, or all of them!

June 15	Reverencing my time in ritual, worship, and daily family life.
July 20	Reverencing my immediate relationships in family, neighbor, and parish.
August 17	Reverencing hospitality in volunteer time and charity outreach.
September 21	Reverencing my use of leisure in education and deepening the joy of living.
October 26	Reverencing my work , both outside and inside of home.
November 16	Reverencing the impact of news in my life.

Daily Schedule

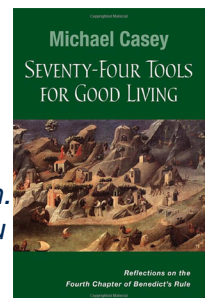
9:00 a.m.	Coffee, tea and breakfast snacks
9:30 a.m.	Presentation followed by group discussion Quiet time for personal reflection Adoration of the Blessed Sacrament Sacrament of Reconciliation
11:45 a.m.	Eucharist with the monastic community followed by lunch
2:00 p.m.	Wrap-up session
3:00 p.m.	Depart for home

To sign up, contact the Abbey Guest Center at guests@conception.edu or (660) 944-2809. Each session is limited to 8-10 participants. Suggested offering for each event is \$30 to help cover breakfast items, coffee, lunch, snacks, and handouts. Cost of book not included.

Reading Material

The core reading material for these sessions will be selections from the book by Fr. Michael Casey, **Seventy-Four Tools for Good Living**.

You may purchase this book new or used from Amazon. Or purchase your copy from the Conception Gift Shop, which will include a 15% discount for anyone signing up for a session. A copy can be set aside for you to pick up prior to the session you attend. Those unable to pick up the book before their first session will be emailed a copy of the text that is to be read from the book as long as you have purchased the book. We will email each person who signs up the reading assignment and any additional text to be read for the sessions.



Learn more about Conception Abbey's 150th anniversary.
conceptionabbey.org/150years



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