

Sheriff or Troopers
Traffic Control

Turn around here

Jefferson School

320th Street

136
1

Angel Street

Sheriff or Troopers
Traffic Control

MO AA

CONCEPTION

MO VV

Sheriff or Troopers
Traffic Control

United States
Post Office

Start / Finish

Conception Abbey

Conception
Seminary College

ABBEY TRAILS



5K Run

The run starts at Conception Abbey and goes out to Highway VV, turning north onto Highway 136 up past Jefferson School toward Conception Junction and back to the abbey. There will be a water station at the turnaround point.

Traffic controlled. Awards are given to the best time overall, male and female, and the 1st and 2nd place male and female in each age group.



CONCEPTION
Living the Benedictine Tradition