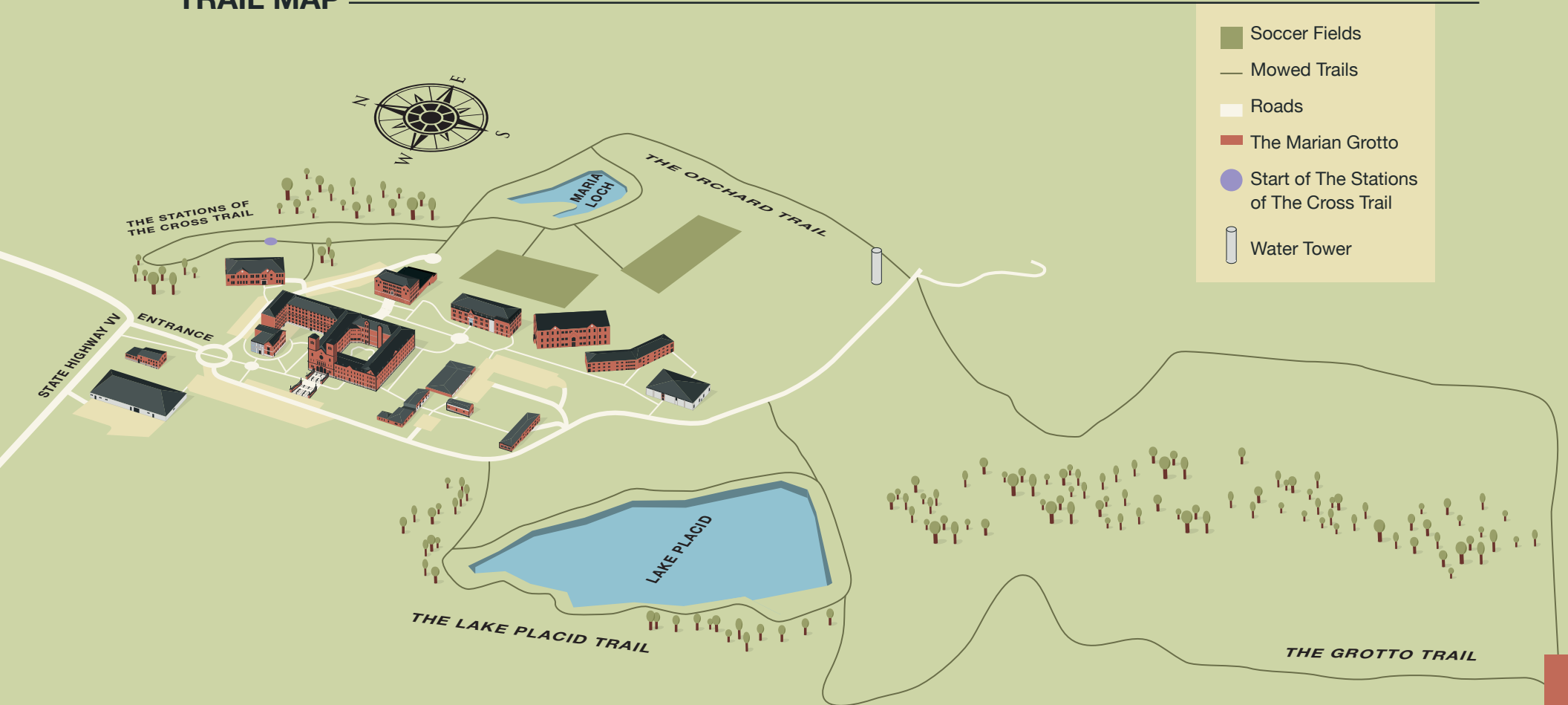




TRAIL MAP



The beautiful grounds of Conception Abbey feature four different trails for walking and running.

The Stations of The Cross Trail begins at the southeast corner of St. Gabriel's Guest House and makes a short circuit behind the building with 14 crosses representing the traditional fourteen stations in the devotional practice.

Connected to the Stations Trail is the **Orchard Trail** that goes east on the Abbey property, around the farm buildings, and ends at the JP II Fitness Center.

The Lake Placid Trail begins at the JP II Fitness Center and loops around Lake Placid. On the southwest end of Lake Placid, a fork allows one to take the 2-mile Grotto Trail loop to the southern edge of the Abbey farm and come back to the JP II Fitness Center from the east.

**The trails are approximate. Please stay on the mowed path when walking.*