

The Liturgy of the Hours



Volume 5A

The Paschal Triduum

Morning Prayer, Daytime Prayer,
Evening Prayer, Compline

for Good Friday and Holy Saturday

Nothing is to be preferred to the Work of God.

Rule of Benedict 43:3

Conception Abbey
Conception, Missouri

2012

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Music acknowledgments on page 88 ff.

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CONGREGATIO DE CULTU DIVINO
ET DISCIPLINA SACRAMENTORUM

Prot. 1178/08/L

MONASTERII DOMINAE NOSTRAE
AB IMMACOLATA CONCEPTIONE

Instante Reverendissimo Domino Gregorio Polan, Abbate
monasterii Dominae Nostrae ab Immacolata Conceptione, loco v.d.
Conception, litteris 15 die Septembris anno 2008 datis, vigore
facultatum huic Congregationi a Summo Pontifice BENEDICTO XVI
tributarum, perlibenter concedimus, ut peculiaris distributio Psalterii
liturgici, prout in adiecto exstat esemplari, in celebratione Liturgiae
Horarum in eodem monasterio donec aliter provideatur adhiberi potest.

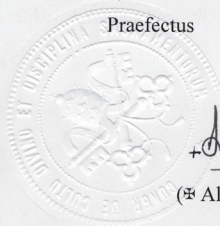
Contrariis quibuslibet minime obstantibus

Ex aedibus Congregationis de Cultu Divino et Disciplina
Sacramentorum, die 15 Decembris 2008.

+ Antonius, Card. Cañizares

(Antonius Card. Cañizares Llovera)

Praefectus



+ Albertus Malcolmus Ranjith

(✠ Albertus Malcolmus Ranjith)

Archiepiscopus a Secretis

The Paschal Triduum

Good Friday
and Holy Saturday



Good Friday at Morning Prayer



OFFICE OF READINGS

All stand at the superior's signal.

INTRODUCTORY VERSICLE

Intoned by cantor, repeated by all.

OT010

(6*) O Lord, o-pen my lips, and my mouth shall pro-

claim your praise.

INVITATORY ANTIPHON

Intoned by cantor, repeated by all.

T01

(10) Come, let us wor-ship Christ, the Son__ of
God: by his blood__ he has re-deemed us.

PSALM 100 (99)

Creator and Shepherd

*Christ gave himself for us to redeem us from all iniquity,
and to purify for himself a people as his own. Ti 2:14*

¹ Cry out with joy to the LORD,
all the earth. ² Serve the LORD
with gladness. Come before
him, singing for joy. ³ Know
that he, the LORD, is God. He
made us; we belong to him.
We are his people, the sheep of
his flock.

**Come, let us worship Christ,
the Son of God: by his blood
he has redeemed us.**

⁴ Enter his gates with thanks-
giving and his courts with

songs of praise. Give thanks to
him, and bless his name. ⁵
Indeed, how good is the LORD,
eternal his merciful love. He is
faithful from age to age.

**Come, let us worship Christ,
the Son of God: by his blood
he has redeemed us.**

Glory...

**Come, let us worship Christ,
the Son of God: by his blood
he has redeemed us.**

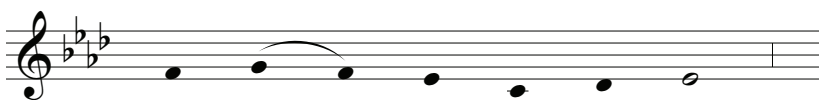
HYMN

The hymn is alternated between the cantors/schola and the assembly.

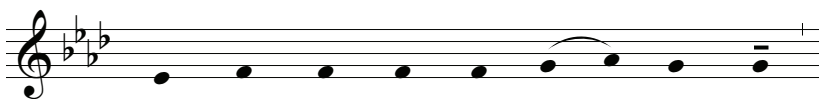
S3021



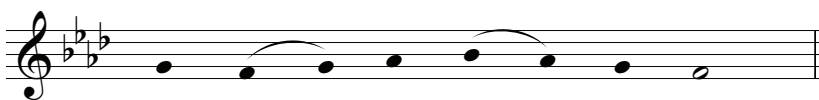
- (2*) 1. O_____ cross of Christ,___ im - mor - tal tree,
2. From___ bit - ter death___ and bar - ren wood
3. O_____ faith - ful cross,___ you stand___ un - moved
4. We_____ give you glo - ry, ris - en Christ;



1. On you_____ our sav - ior died.
2. The tree_____ of life is made;
3. While a - ges run their course.
4. Your ho - ly cross we praise:



1. You hold the world in shel - t'ring arms
2. Its branch - es bear un - fail - ing fruit,
3. You or - der all the u - ni - verse;
4. The sign of God's un - fath - omed love,



1. That bore_____ the cru - ci - fied.
2. And leaves_____ that nev - er fade.
3. You are_____ its bind - ing force.
4. And hope_____ of all_____ our days.



A - men._____

All are seated at the conclusion of the hymn.

PSALM 2

Today I Have Begotten You

What God promised our ancestors he has brought to fulfillment for us, their children, by raising up Jesus, as it is written in the second psalm. Acts 13:32-33

ANT: *Earthly rúlers rise úp in revólt; / they plót against the LÓRD and his Anóinted One.*

The psalmody is alternated between the monastic community and the assembly.

- ¹ *Whý do the nátions conspíre,
and the péoples plót in váin?*
- ² *They arise, the kíngs of the éarth;
princes plót against the LÓRD and his Anóinted.*
- ³ *“Let us búrst asúnder their fétters.
Let us cast óff from ús their cháins.”*
- ⁴ *He who síts in the héavens láughs;
the LÓRD derídes and mócks them.*
- ⁵ *Thén he will spéak in his ánger,
his ráge will stríke them with térror.*
- ⁶ *“It is Í who have appóinted my kíng
on Síon, my hóly móuntain.”*
- ⁷ *I will annóunce the decreée of the LÓRD:
The LORD sáid to me, “Yóu are my Són.
It is Í who have begótted you this dáy.*
- ⁸ *Ásk of mé and I will gíve you
the nátions as yóur inhéritance,
and the énds of the éarth as your posséssion.*
- ⁹ *With a ród of íron you will rúle them;
like a pótter’s jár you will shátter them.” ~*

- ¹⁰ So nów, O kíngs, understánd;
take wárning, rúlers of the éarth.
¹¹ Sérvé the LÓRD with féar;
exult with trémbling, páy him your hómage,
¹² Lest he be ángry and you pérish on the wáy,
for súddenly his ánger will bláze.
Blessèd are áll who trúst in Gód!

ANT: Earthly rúlers rise úp in revólt; / they plót against
the LÓRD and his Anóinted One.

PSALM 22 (21)

Song of the Suffering Servant

Those who passed by derided him, wagging their heads. Mt 27:39

ANT: *They divíde my clóthing amóng them, / théy cast lóts
for my róbe.*

- ² *My God, my Gód, why have you forsáken me?*
Why are you fár from sáving mé,
so fár from my wórds of ánguish?
³ O my Gód, I call by dáy and you dó not ánsWER;
I cáll by níght and I fínd no repriéve.
⁴ Yet yóu, O Gód, are hóly,
enthróned on the práises of Ísrael.
⁵ In you our fórebears pút their trúst;
they trústed and you sét them frée.
⁶ When they críed to yóu, they escáped;
in you they trústed and were nót put to sháme.

- 7 But Í am a wórm and no mán,
scorned by éveryone, despised by the péople.
- 8 Áll who sée me deríde me;
they curl their líps, they sháke their héads:
- 9 “He trústed in the LÓRD, let him sáve him;
let him reléase him, for in hím he delíghts.”
- 10 Yes, it was yóu who tóok me from the wómb,
entrústed me to my móther’s bréast.
- 11 To yóu I was commítted from birth;
from my móther’s womb, yóu have been my Gód.
- 12 Stáy not fár from mé;
trouble is néar, and there is nó one to hélp.
- 13 Mány búlls have surróunded me,
fierce bulls of Báshan close me ín.
- 14 Agáinst me they ópen wide their móuths,
like a líon, rénding and róaring.
- 15 Like wáter Í am poured óut,
disjóinted are áll my bónes.
My héart has becóme like wáx,
it is mélted withín my bréast.
- 16 Párched as burnt cláy is my thróat,
my tóngue cléaves to my jáws.
You láy me in the dúst of déath.
- 17 For dógs have surróunded mé;
a bánd of the wícked beséts me.
They tear hóles in my hánds and my féet;
- 18 I can cóunt every óne of my bónes.
They stáre at mé and glóat.
- 19 They dívide my clóthing amóng them,
théy cast lóts for my róbe. ~
-

- 20 But you, O LÓRD, do not stáy afar óff;
my stréngth, make háste to hélp me!
- 21 Réscue my sóul from the swórd,
my life from the gríp of the dóg.
- 22 Save my lífe from the jáws of the líon,
my poor sóul from the hórn of wild búlls.
- 23 I will téll of your náme to my kín,
and práise you in the mídst of the assémbly;
- 24 “Yóu who fear the LÓRD, give him práise;
all descéendants of Jácob, give him glóry;
révére him, all you descéendants of Ísrael.
- 25 For hé has néver despísed
nor scórned the póverty of the póor.
From hím he has not hídden his fáce,
but he héard him whenéver he críed.”
- 26 Yóu are my práise in the gréat assémbly.
My vóws I will páy before thóse who féar him.
- 27 The póor shall éat and shall háve their fíll.
They shall práise the LÓRD, thóse who séek him.
May their héarts live ón foréver and éver!
- 28 All the éarth shall remémber and retúrn to the LÓRD,
all fámilies of the nátions wórship befóre him,
- 29 for the kíngdom is the LÓRD’s, he is rúler of the nátions.
- 30 They shall wórship him, áll the míghty of the éarth;
befóre him shall bów all who go dówn to the dúst.
- 31 And my sóul shall líve for him, my descéendants sérve him.
They shall téll of the LÓRD to generátions yet to cóme,
- 32 Decláre his saving jústice to péoples yet unbórn:
“Thése are the thíngs the LÓRD has dóne.”
-

ANT: They divíde my clóthing amóng them, / théy cast lóts for my róbe.

PSALM 38 (37)

No Health in My Limbs

May we be delivered from perverse and wicked people, for not all have faith. 2 Thes 3:2

ANT: *Those who plót against my life lay snáres, / planning tréachery áll the day lóng.*

- ² O LÓRD, do not rebúke me in your ánger;
repróve me nót in your ráge.
- ³ For your árrrows have sunk déep in mé;
your hánd has come dówn upón me.
- ⁴ Thére is no sóundness in my flésh
becáuse of your ánger:
Thére is no héalth in my límbs
becáuse of my sín.
- ⁵ My guílt towers hígher than my héad;
it is a wéight too héavy to béar.
- ⁶ My wóunds are fóul and féstering,
the resúlt of mý own fóllý.
- ⁷ I am bówed and bróught to my knées.
I go móurning áll the day lóng.
- ⁸ All my fráme is búrning with féver;
thére is no sóundness in my flésh.
- ⁹ I am spént and útterly crúshed,
I cry alóud in ánguish of héart.
- ¹⁰ O Lórd, all my lónging lies befóre you;
my gróans are not hídden from yóu.
- ¹¹ My heart thróbs, my stréngth is spént;
the very líght has góne from my éyes. ~

- ¹² Friends and compánions stand alóof from my páin;
those clósest to me stánd afar óff.
- ¹³ Those who plót against my lífe lay snáres;
those who séek my rúin speak of hárm,
planning tréachery áll the day lóng.
- ¹⁴ But Í, like someone déaf, do not héar;
like someone múte, I do not ópen my móuth.
- ¹⁵ Í am like óne who hears nóthing,
in whose móuth is nó defénse.
- ¹⁶ But in yóu, O LÓRD, I hópe;
it is yóu, LORD my Gód, who will ánswer.
- ¹⁷ I pray, “Lét them not glóat over mé,
exúlt if my fóot should slíp.”
- ¹⁸ For Í am on the póint of fálling,
and my páin is álwáys wíth me.
- ¹⁹ I conféss that Í am guílty,
and I am gríeved becáuse of my sín.
- ²⁰ My wanton énemies live ón and grow stróng,
and mány are my lýing fóes.
- ²¹ They repáy me évil for góod,
and attáck me for séeking what is góod.
- ²² Forsáke me nót, O LÓRD!
My Gód, be not fár from mé!
- ²³ Make háste and cóme to my hélp,
My Lórd and mý salvátió!

All stand.

Glory...

ANT: Those who plót against my life lay snáres, / planning tréachery áll the day lóng.

V. *For fód they gáve me gáll;*

R. In my thíst they gave me vínegar to drínk.

LAMENTATIONS OF THE PROPHET JEREMIAH

All are seated.

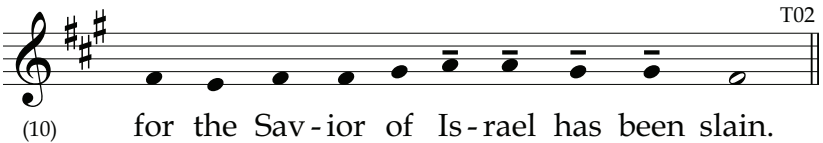
Year A - Lam 1:1-5 or 2:8-11

Year B - Lam 1:6-9 or 2:12-15

Year C - Lam 1:10-14 or 3:1-9

RESPONSORY FOR YEAR A

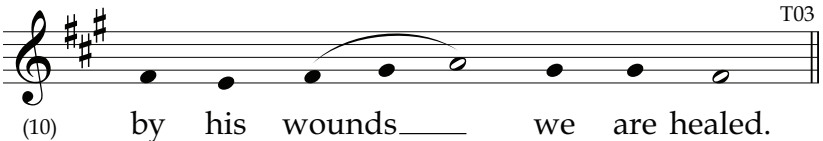
Jerusalem, arise and put aside your festive clothing; put on sackcloth and ashes, for the Savior of Israel has been slain.



*Mourn like a virgin, my people. Sound the lament, you shepherds, in sackcloth and ashes. **For the Savior...***

RESPONSORY FOR YEAR B

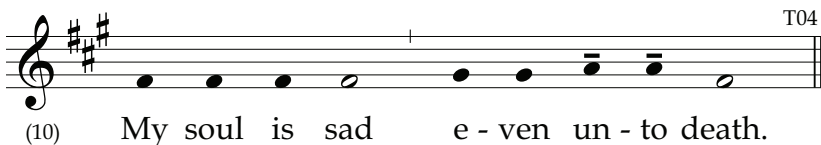
There was no beauty, no comely appearance in him. He bore our sins and carried our sorrows. He was pierced through for our offenses; by his wounds we are healed.



*He has borne our sorrows and endured our sufferings. **By his wounds...***

RESPONSORY FOR YEAR C

Wait here and watch with me. Now you will see the crowd that will surround me. My soul is sad even unto death.



*You will flee and I shall go to be sacrificed for you. **My soul is sad...***

*Behold, the hour is at hand when the Son of Man will be betrayed into the hands of sinners. **My soul is sad...***

PSALM 40 (39)

An Open and Ready Heart

"Behold, I come to do your will." By this "will," we have been consecrated through the offering of the body of Jesus Christ once for all. Heb 10:9-10

ANT: *O lét there be sháme and confúision / on those who séek my life, / who delíght in my hárm.*

- ² *I wáited, I wáited for the LÓRD,
and he stóoped down to mé;
he héard my crý.*
- ³ *He dréw me from the déadly pít,
from the míry cláy.
He sét my féet upon a róck,
made my fóotsteps fírm.*
- ⁴ *He pút a new sóng into my móuth,
práise of our Gód.
Mány shall sée and féar
and shall trúst in the LÓRD.*

- 5 Blessed the mán who has pláced
his trúst in the LÓRD,
And has nót gone óver to the próud
who fóllow false góds.
- 6 How mány, O LÓRD my Gód,
are the wónders and desígns
That yóu have wórked for ús;
you háve no équal.
Should I wish to procláim or spéak of them,
they would be móre than I can téll!
- 7 You delíght not in sácrifice and ófferings,
but in an ópen éar.
You do not ásk for hólocaust and víctim.
- 8 Then I sáid, “Sée, I have cóme.”
In the scróll of the bóok it stands wríten of mé:
- 9 “I delíght to do your wíll, O my Gód;
your instrúction lies déep withín me.”
- 10 Your jústice I háve procláimed
in the gréat assémbly.
My líps I háve not séaled;
you knów it, O LÓRD.
- 11 Your saving hélp I have not hídden in my héart;
of your fáithfulness and salvátion I have spóken.
I made no sécret of your mérciful lóve
and your fáithfulness tó the great assémbly.
- 12 O LÓRD, you will nót withhóld
your compássion from mé.
Your mérciful lóve and your fáithfulness
will álways guárd me. ~
-

13 For Í am besét with évils
too mány to be cóunted.
My iníquities have óvertáken me,
till I can sée no móre.
They are móre than the háirs of my héad,
and my héart is síinking.

14 Be pléased, O LÓRD, to réscue me;
LORD, make háste to hélp me.
15 O lét there be sháme and confúsiún
on those who séeek my life.

O lét them turn báck in confúsiún
who delíght in my hárm.

16 Let them be appálled becaúse of their sháme,
those who jéer and móck me.

17 O lét there be rejóicing and gládness
for áll who séeek you.
Let them éver say, "The LÓRD is gréat,"
who lóng for your salvátiún.

18 Wrétched and póor though I ám,
the Lord is míndful of mé.
Yóu are my réscuer, my hélp;
O my Gód, do not deláy.

ANT: O lét there be sháme and confúsiún / on those who
séeek my life, / who delíght in my hárm.

PSALM 54 (53)

Save Me by Your Name

*Now, however, their sin cannot be excused.
To hate me is to hate my Father. Jn 15:22-23*

ANT: *The pród have risen agáinst me, / and the rúthless
séek my life.*

- ³ O Gód, *sáve me by your náme;*
by your pówer, defénd my cáuse.
- ⁴ O Gód, héar my práyer;
give éar to the wórds of my móuth.
- ⁵ For the pród have risen agáinst me,
and the rúthless séek my life.
They have nó regárd for Gód.
- ⁶ Sée, I have Gód for my hélp.
The Lórd sustáins my sóul.
- ⁷ Let évil recóil on my fóes.
In your fáithfulness, bríng them to an énd.
- ⁸ I will sácrifice to yóu with willing héart,
and práise your náme, O LÓRD, for it is góod:
- ⁹ For it has réscued me from áll distréss,
and my éyes have gázed upon my fóes.

ANT: *The pród have risen agáinst me, / and the rúthless
séek my life.*

PSALM 59 (58)

My Strong Tower of Safety

The mystery of lawlessness is already at work. 2 Thes 2:7

ANT: *O réscue me, LORD, from thóse who do évil, / and sáve me from blóodthirsty mén.*

- ² *Rescue mé from my fóes, O Gód;
protéct me from thóse who attáck me.*
- ³ *O réscue me from thóse who do évil,
and sáve me from blóodthirsty mén.*
- ⁴ *See, they líe in wáit for my lífe;
the stróng band togéther agáinst me.
For no offéense, no sín of mine, O LÓRD,*
- ⁵ *for no guílt of mine they rúsh to take their stánd.*
- Awáke! Come to méet me, and sée!*
- ⁶ *LORD God of hósts, you are Ísrael's Gód.
Róuse yourself and púnish the nátions;
show no mércy to évil tráitors.*
- ⁷ *Each évening théy come báck;
they howl like dógs and róam about the cíty.*
- ⁸ *Sée how their móuths utter ínsults;
their líps are like shárpene swóords.
"For whó," they sáy, "will héar us?"*
- ⁹ *But yóu, LORD, will láugh them to scórn.
You make a móckery of áll the nátions.*
- ¹⁰ *O my Stréngth, for yóu will I wáitch,
for yóu, O Gód, are my strónghold,*
- ¹¹ *the God who shóws me mérciful lóve.*

Now Gód will procéed befóre me;
Gód will let me lóok upon my fóes.

- ¹² Do not kíl them lest my péople forgét; +
róut them by your pówer, lay them lów.

It is yóu, Lord Gód, who are our shíeld.

- ¹³ For the síns of their móuths and the wórds of their líps,
lét them be cáught in their príde;
for the cúrses and líes that they spéak.

- ¹⁴ Destróy them in your ánger. Destróy them
till they áre no móre.
Let them knów that Gód is the rúler
over Jácob and the énds of the éarth.

- ¹⁵ Each évening théy come báck;
they howl like dógs and róam about the cíty.

- ¹⁶ They prówl in séarch of fód;
they grówl till they háve their fíll.

- ¹⁷ As for mé, I will síng of your stréngth,
and accláim your loving mércy in the mórning,
For yóu have béen my strónghold,
a réfuge in the dáy of my distréss.

- ¹⁸ O my Stréngth, to yóu I will sing práise,
for yóu, O Gód, are my strónghold,
the God who shóws me mérciful lóve.

All stand.

Glory...

ANT: O réscue me, LORD, from thóse who do évil, / and
sáve me from blóodthirsty mén.

V. *False witnesses rise úp agáinst me,*
R. And they bréathe out ví(olence).

PATRISTIC READING

All are seated.

RESPONSORY FOR YEAR A

Disarming principalities and powers, making them a public spectacle, leading them off captive in his triumphal procession, Christ canceled the decree against us, and nailed it to the cross.

T05

(10) Christ can-celed the de-cree a-gainst us, and
nailed it to the cross.

When you have lifted up the Son of Man, then you will know that I am he.
Christ canceled...

RESPONSORY FOR YEAR B

See how the Just One perishes, but no one takes it to heart; the devout are swept away, with no one giving it a thought. Taken away from the presence of evil, the Just One enters into peace.

T06

(10) the Just One en - ters in - to peace.

*Like a lamb before the shearers he was silent, and opened not his mouth. Oppressed and condemned, with all justice denied him, **the Just One...***

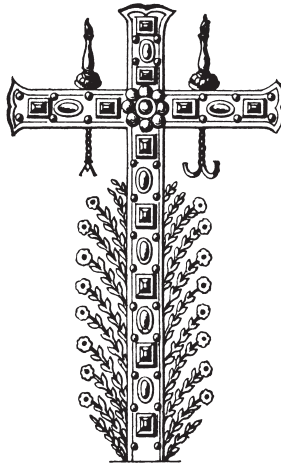
RESPONSORY FOR YEAR C

The price of your redemption was not something of fleeting value like gold or silver, but the costly shedding of the blood of Christ, the lamb without blemish. Through him, in the one Spirit, we can approach the Father.

T07

(10) Through him, in the one Spir - it,
we can ap-proach the Fa - ther.

*The blood of Jesus Christ washes away all our sins. **Through him...***



THE OFFICE OF LAUDS

All stand.

PSALM 51 (50)

A Pure Heart Create for Me

Your inmost being must be renewed, and you must put on the new self. Eph 4:23-24

T08

(2*) With his own blood Christ has be-come our
rec-on-cil-i-a-tion and our peace.

PT007

The psalmody is alternated between the cantor(s)/schola and the assembly.

- ³ Have *mércy* on *mé*, O **Gód**, *
 accórding to your mérciful lóve;
Accórding to your gréat **compásson**, *
 blót out my **transgréssions**.
- ⁴ Wásh me complétely from my **iníquity**, *
 and cléanse me fróm my **sín**.
- ⁵ My **transgréssions**, trúly I **knów** them; *
 my sín is álways **befóre** me.
- ⁶ Against yóu, you alóne, have I **sinned**; *
 what is évil in your síght I have **dóne**.
So yóu are júst in your **séntence**, *
 withóut repróach in your **júdgment**.
- ⁷ O sée, in guílt I was **bórn**, *
 a sinner when my móther **concéived** me.
- ⁸ Yes, you delíght in sincécity of **héart**; *
 in sécret you téach me **wísdom**.

- ⁹ Cleanse me with hýssop, and Í shall be **púre**; *
wash me, and Í shall be whítter than **snów**.
- ¹⁰ Let me héar rejóicing and **gládn**ess, *
that the bónes you have crúshed may exúlt.
- ¹¹ Túrn away your fáce from my **síns**, *
and blót out áll my **guílt**.
- ¹² Créate a pure héart for me, O **Gód**; *
renew a stéadfast spírit withín me.
- ¹³ Do not cást me áwáy from your **présence**; *
take not your hóly spírit from **mé**.
- ¹⁴ Restóre in me the jóy of your salvátion; *
sustáin in me a wílling spírit.
- ¹⁵ I will téach transgréssors your **wáys**, *
that sínners may retúrn to **yóu**.
- ¹⁶ Réscue me from blóodshed, O **Gód**, +
Gód of mý salvátion, *
and then my tóngue shall ring óut your **jústice**.
- ¹⁷ O Lórd, ópen my **líps** *
and my móuth shall procláim your **práise**.
- ¹⁸ For in sácrifice you táke no delíght; *
burnt óffering from mé would not **pléase** you.
- ¹⁹ My sácrifice to Gód, a broken spírit: +
a bróken and húmbled **héart**, *
O Gód, you wíll not **spúrn**.
- ²⁰ In your good pléasure, show fávör to **Síon**; *
rebuíld the wálls of Jerúsalem.
- ²¹ Thén you will delíght in right sác(rifice), +
burnt ófferings whóllly consúmed. *
Thén you will be óffered young búlls on your **áltar**.

Glory...

The antiphon is repeated.

PSALM 143 (142)

Let Your Good Spirit Guide Me

A person is not justified by works of the law but through faith in Jesus Christ. Gal 2:16

T31

(4) My spir - it fails; my heart is
des - o - late with - in me.

PT0011

- 1 O LÓRD, lísten to my **práyer**; *
túrn your éar to my **appéal**.
You are fáithful, you are júst; give ánsWER. +
- 2 Do not cáll your sérvant to **júdgment**, *
for in your síght no living béing is **júst**.
- 3 The énémy pursúes my **sóul**; *
he has crúshed my lífe to the **gróund**.
He has máde me dwéll in **dárkness**, *
like the déad, lóng forgóttén.
- 4 Thérefore my spírit **fáils**; *
my héart is désolate withín me.
- 5 I remémber the dáys that are **pást**; *
I pónder áll your **wórks**.
I múse on what your hánd has wróught, +
- 6 and to yóu I strétch out my **hánds**. *
Like a párched land my soul thírsts for **yóu**.
- 7 O LORD, make háste and ánsWER **mé**, *
for my spírit fáils withín me.

Do not híde your fáce from mé, +
lest I becóme like **thóse** *
who go dówn into the **gráve**.

- 8 In the mórning, let me knów your loving **mércy**, *
for in yóu I pláce my **trúst**.
Make me knów the wáy I should **wálk**; *
to yóu I líft up my **sóul**.
- 9 Réscue me, O LÓRD, from my **fóes**; *
to yóu have I fléd for **réfuge**.
- 10 Téach me to dó your **wíll**, *
for yóu are my **Gód**.

Lét your good spírit **guíde** me *
upon gróund that is **lével**.

- 11 LORD, sáve my lífe for the sáke of your **náme**; *
in your jústice, léad my sóul out of **distréss**.
- 12 In your mércy make an énd of my **fóes**; +
destroy all **thóse** who oppréss my **sóul**, *
for Í am your **sérvant**.

Glory...

The antiphon is repeated.



PSALM 147B (146:12-20)

The Gates of Jerusalem Fortified

Come, I will show you the bride of the Lamb. Rv 21:9

T09

(5*) We wor - ship your cross, O Lord,

which has brought joy to the world.

PT015

- 12 O Jerúsalem, glórfify the LÓRD! *
O Sión, práise your Gód!
- 13 He has strénghened the bárs of your gátes; *
he has bléssed your children withín you.
- 14 He estáblished péace on your bórders; *
he gíves you your fill of finest whéat.
- 15 He sénd's out his wórd to the éarth, *
and swíftly rúns his commánd.
- 16 He shówers down snów like wóol; *
he scátters hóarfrost like áshes.
- 17 He húrles down háilstones like crúmb's; *
befóre such cóld, who can stánd?
- 18 He sénd's forth his wórd and it mélt's them; *
at the blówing of his bréath the waters flów.
- 19 He revéals his wórd to Jácob; *
to Ísrael, his decreés and júdgments.
- 20 He has nó't dealt thús with other ná'tions; *
he há's not táught them his júdgments.

Glory..

The antiphon is repeated.

V. *Though prínces oppréss me without cáuse,*
R. My héart revéres your wórd.

SCRIPTURE READING

All are seated for the Reading.

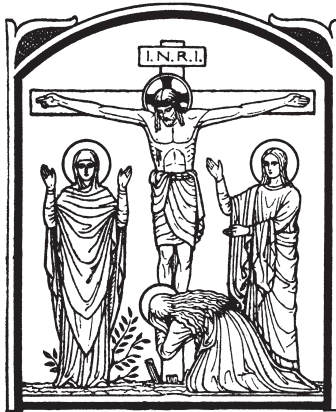
After the Reading there will be a short period for reflection and prayer.

All stand at the superior's signal.

In place of the responsory, the following is sung by the cantor and repeated by all.

(5) For our__ sake Christ was o - be - di - ent ac -

cept-ing e-ven death, death__ on a cross.__



CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

T10

(1*) O-ver his head they hung their ac-cu-sa-tion:
Je-sus of Naz-a-reth, King— of the Jews.—

PS042

The canticle is alternated between the cantor(s)/schola and the assembly.

- 6 Blést be the Lórd God of Ísrael:
for he has vísited his péople and redéemed them.
He has raised úp for us a hórñ of salvátiön
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sáviör who would frée us from our fóes,
and from the hánds of áll who háte us,
To shów loving mércy to our fáthers
míndful of his hólý cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
to grant that fréed from the hánds of our fóes,
We might sérvé him in hóliness and ríghteousness,
all the dáy's of our lífe without féar.

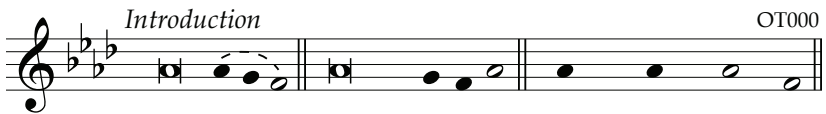
- 6 And yóu, little chíld, will be **cá**lled
 próphet of Gód Most **Hígh**,
 For yóu will gó before the **Lórd**
 to make réady his wáys befóre him,
 To grant a knówledge of salvátion to his **péople**
 through the forgiveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
 the Dáwn from on hígh will **vísit** us,
 To shíne on those who sít in **dá**rknéss,
 and thóse in the shádw of **déath**,
 to guide our fées into the wáy of **péace**.

Glory...

The antiphon is repeated.

INTERCESSIONS

*Let us call upon the Lord, crucified for our **síns**.*



Petition...

Lord, have mer-cy.
 Christ, have mer-cy.
 Lord, have mer-cy.

*Unite our sufferings to your **redemptive** death:*

Lord, have mercy.

*Draw all peoples to yourself, O **Son** of God:*

Christ, have mercy.

*Lead the young to seek you in **monastic** simplicity:*

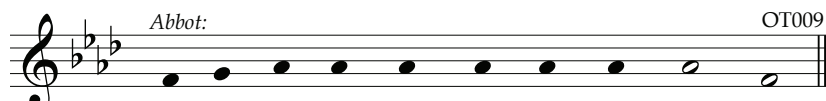
Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

Abbot: OT009



Let us pray as Christ the Lord has taught us:

Assembly:



Our— Fa—ther, who art in heav-en, hal-lowed



be thy name; thy king-dom come; thy will be



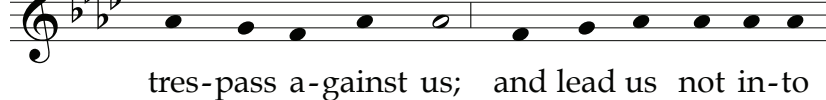
done on earth as it is in heav-en. Give us this



day our dai-ly bread; and for-give us our



tres-pass-es as we for-give those who



tres-pass a-against us; and lead us not in-to



temp-ta-tion, but de-liv-er us from e - vil.

ORATION

Please return this volume to the book rack.

All stand at the superior's signal.

Choir Leader: L010

O God, come to my as - sist - ance.

All:

O Lord, make haste to help me.

Glory to the Father, and to the Son, and to the

Ho - ly Spir - it: as it was in the beginning, is

now, and will be for ev - er. A - men. _____

HYMN

The hymn is alternated between the cantor(s) and the assembly.

T12



- (2*) 1. O cross, by _____ which the world is blest,
2. On you is _____ raised the Lamb and King
3. To Je - sus _____ Christ the glo - ry be,



1. Our ran - som firm made man - i - fest:
2. Who to him - self draws eve - ry - thing.
3. Whose might - y death has set us free,



1. Of death you once did bear the weight,
2. The world's dark Prince has waged his war,
3. Whose vic - to - ry is Sa - tan's loss,



1. But now you _____ glow as heav-en's gate.
2. But now he _____ can as - sail no more.
3. The tri - umph _____ of the ho - ly cross.



A - men. _____

All are seated at the conclusion of the hymn.

PSALM 69 (68)

Taunts Have Broken My Heart

*His disciples recalled the words of scripture,
 "Zeal for your house will consume me." Jn 2:17*

T13

(4 tr) From noon un - til three o' - clock, there was

dark - ness o - ver the whole world.

PT013

All are seated for the singing of the psalmody which is alternated between the cantor(s) and the assembly.

I

- 2 *Sáve me, O Gód, for the wáters *
 have rísen to my néck.*
- 3 *I have súnk into the múd of the déep, *
 where thére is no fóothold.
 I have éntered the wáters of the déep, *
 where the flóod overwhélms me.*
- 4 *I am wéaried with crýing alóud; *
 my thróat is párched.
 My éyes are wásted awáy *
 with wáiting for my Gód.*
- 5 *More númerous than the háirs on my héad *
 are those who háte me without cáuse.
 Mány are thóse who attáck me, *
 énemies with líes.
 Whát I have néver stólen, *
 hów can I restóre? ~*



- 6 O Gód, you knów my **fó**lly; *
from you my síns are not **hí**dden.
- 7 May those who hópe in you nót be **shá**med *
because of mé, O Lórd GOD of **hó**sts;
May those who séek you nót be **confó**unded *
because of mé, O God of Ísrael.
- 8 It is for yóu that I súffer **tá**unts, *
that sháme has cóvered my **fá**ce.
- 9 To my own kín I have becóme an **ó**utcast, *
a stránger to the chíldren of my **mó**ther.
- 10 Zéal for your hóuse **consú**mes me, *
and táunts against yóu fall on **mé**.
- 11 When my sóul wept bitterly in **fá**sting, *
they máde it a táunt **agá**inst me.
- 12 When I máde my clóthing **sá**ckcloth, *
I becáme a reprüach to **thém**,
- 13 The góssip of those sítting at the **gá**tes, *
the théme of drúnkards' **só**ngs.

II

- 14 *But I práy to yóu, O LÓRD, **
for a tíme of your fávor, O Gód.
In your abúndant mércy, **á**nsver me, *
with your fáithful **hél**p.
- 15 Réscue me from síinking in the múd; +
delíver me from thóse who **há**te me, *
and from the wáters of the **dée**p.

- 16 Let nót the wáves overwhélm me, +
and let nót the déep engúlf me, *
nor the pít close its móuth on mé.
- 17 LORD, ánswer, for your mércy is kínd; *
in your abúndant compásson, turn toward mé.
- 18 Do not híde your fáce from your sérvant; *
answer me quíckly, for Í am in distréss.
- 19 Come clóse to my sóul and redéem me; *
ránsom me becáuse of my fóes.
- 20 You know my táunts, my sháme, my dishónor; *
my oppréssors are áll befóre you.
- 21 Táunts have bróken my héart; *
hére I ám in ánguish.
I looked for sólace, but thére was nóne; *
for consólers – not óne could I fínd.
- 22 For fód they gáve me gáll; *
in my thíst they gáve me vínegar to drínk.
- 23 Let their táble be a snáre to thém, *
and for their fríends, a tráp.
- 24 Let their éyes grow díim and blínd; *
let their límbs contínually trémbles.
- 25 Pour óut your ánger upón them; *
let your búrning fúry overtáke them.
- 26 Lét their cámp be left désolate; *
let nó one dwéll in their ténts:
- 27 For they pérsecute óne whom you strúck; *
they incréase the pain of óne whom you wóunded.
- 28 Chárgé them with guílt upon guílt; *
let them háve no sháre in your jústice.
- 29 Blot them óut from the bóok of the líving; *
do not enróll them amóng the júst.
- 30 As for mé in my póverty and páin, *
let your salvátion, O Gód, raise me úp. ✠
-



III

- 31 *Then I will praise God's name with a **sóng**; **
*I will glorify him with **thanksgiving**:*
- 32 A gift pleasing Gód more than **óxen**, *
 more than a búll with **hórn**s and **hóoves**.
- 33 The póor when they see it will be **glád**, *
 and Gód-seeking héarts will **revíve**;
- 34 For the LÓRD lístens to the **néedy**, *
 and does not spúrn his ówn in their **cháins**.
- 35 Let the héavens and the éarth give him **práise**, *
 the seas and éverything that móves in **thém**.
- 36 For Gód will bring salvátiön to Sión, +
 and rebuíld the cíties of **Júdah**, *
 and théy shall dwéll there in posséssiön.
- 37 The chíldren of his sérvants shall **inhérit** it; *
 those who lóve his náme shall **dwéll** there.

All stand.

Glory...

(4 tr) From noon un-til three__ o'-clock, there was

dark - ness o - ver the whole__ world.

BRIEF READING

V. *A bánd of the wicked beséts me.*
R. They tear hóles in my hánds and my feet.

Let us pray.

ORATION



Let us bless the Lord. — Thanks be to God. —

*May the souls of the faithful departed,
through the mercy of God, rest in peace.
Amen.*

*May the divine assistance remain always with us.
And with our absent brethren. Amen.*



Please return this volume to the book rack.

Good Friday at Compline

All stand at the superior's signal.

Choir Leader: L010
O God, come to my as - sist - ance.

All:
O Lord, make haste to help me.

Glory to the Father, and to the Son, and to the

Ho - ly Spir - it: as it was in the beginning, is

now, and will be for ev - er. A - men.____

EXAMINATION OF CONSCIENCE

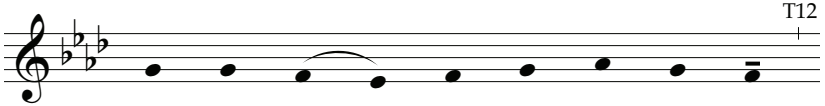
[kneel or sit]

Leader: I confess to Almighty God / + and to you, my brothers and sisters, / that I have greatly sinned in my thoughts and in my words, / in what I have done and in what I have failed to do, / through my fault, through my fault, through my most grievous fault; / therefore, I ask blessèd Mary ever virgin, blessèd Michael the Archangel, / blessèd John the Baptist, the holy Apostles Peter and Paul, / our blessèd Father Benedict, all the saints / and you, my brothers and sisters, / to pray for me to the Lord our God.

*Leader: May Almighty God have mercy on us,
forgive us our sins, and bring us to everlasting life.*

All: Amen.

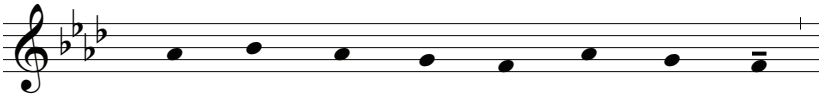
HYMN



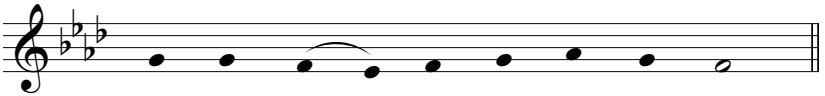
- (2*) 1. O cross, by _____ which the world is blest,
2. On you is _____ raised the Lamb and King
3. To Je - sus _____ Christ the glo - ry be,



1. Our ran - som firm made man - i - fest:
2. Who to him - self draws eve - ry - thing.
3. Whose might - y death has set us free,



1. Of death you once did bear the weight,
2. The world's dark Prince has waged his war,
3. Whose vic - to - ry is Sa - tan's loss,



1. But now you _____ glow as heav - en's gate.
2. But now he _____ can as - sail no more.
3. The tri - umph _____ of the ho - ly cross.



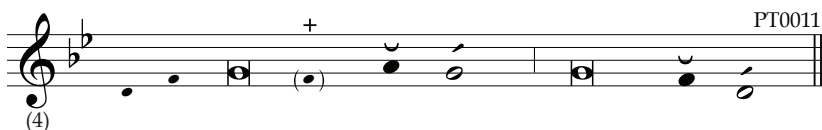
A - men. _____

PSALMODY

PSALM 91(90)

Security under God's Protection

I have given you the power to tread upon serpents and scorpions. Lk 10:19



- ¹ He who dwélls in the shéltér of the Most **Hígh**, *
and abídes in the sháde of the Almíghty,
- ² Sáys to the LÓRD, "My **réfuge**, *
my stróngthold, my Gód in whom I **trúst**!"
- ³ He will fréé you from the snáre of the **fówler**, *
from the destrúctive **plágue**;
- ⁴ Hé will concéal you with his pínions, +
and únder his wíngs you will find **réfuge**. *
His fáithfulness is búckler and **shíeld**.
- ⁵ You will not féar the térror of the **níght**, *
nor the árrow that flíes by **dáy**,
- ⁶ Nor the plágue that prówls in the **dárkness**, *
nor the scóurge that lays wáste at **nóon**.
- ⁷ A thóusand may fáll at your síde, +
ten thóusand fáll at your **ríght**: *
yóu it will néver **appróach**.
- ⁸ Your éyes have ónly to **lóok** *
to sée how the wícked are repáíd.
- ⁹ Because you háve the LÓRD as your **réfuge**, *
and have máde the Most Hígh your **dwélling**,
- ¹⁰ Upon yóu no évil shall **fáll**, *
no plágue appróach your **tént**.

- 11 For yóu has he commáded his **án**gels *
to kéepe you in áll your **wáys**.
- 12 They shall béar you upón their **hánds**, *
lest you stríke your fóot against a **stóne**.
- 13 On the lón and the víper you will **tréad**, *
and trámple the young lón and the **sérpent**.
- 14 Since he clíngs to me in lóve, I will **frée** him, *
protéct him, for he knóws my **náme**.
- 15 When he cálls on mé, I will án(swer him); +
I will bé with hím in distréss; *
I will delíver him, and gíve him **glóry**.
- 16 With léngth of dáys I will contént him; *
I will shów him my sáving **pówer**.

Glory...

BRIEF READING

In place of the responsory, the following is sung by the cantor and repeated by all.

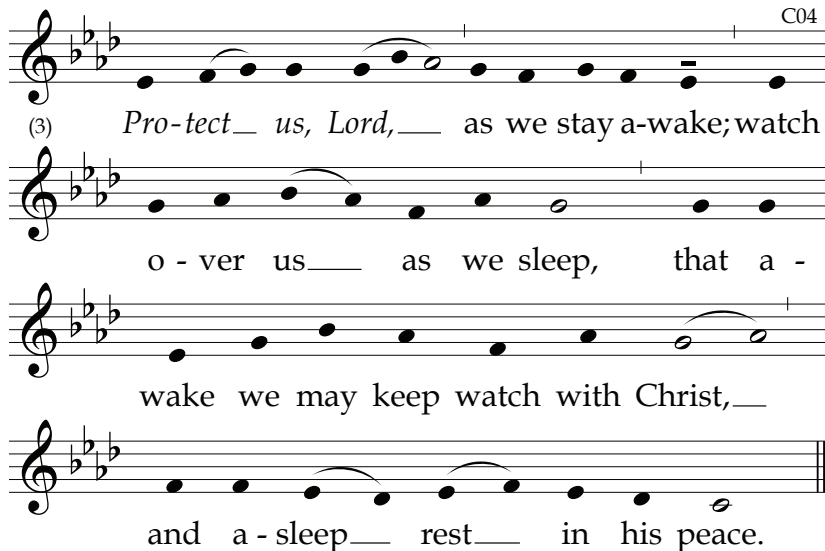
T32

(5) For our__ sake Christ was o - be - di - ent ac -

cept-ing e-ven death, death__ on a cross.__

CANTICLE OF SIMEON [Lk 2:29-32]

C04



(3) *Pro-tect__ us, Lord,__ as we stay a-wake; watch*
o - ver us__ as we sleep, that a -
wake we may keep watch with Christ,__
and a - sleep__ rest__ in his peace.

PS044



- 6 *Now you dismiss your **s**érvant in **p**éace,
 accórding to your wórd, O **M**áster;
 For my éyes have séen your salvátion,
 which you made réady in the síght of all the **p**éoples:
 A líght for revelátion to the **G**éntiles,
 and glóry for Ísrael your **p**éople.*

Glory...

The antiphon is repeated.

Leader: Let us pray.

ORATION

Leader Assembly T11

Let us bless the Lord. Thanks be to God.

SUPERIOR'S BLESSING

VI T33

A -ve Re-gí-na cæ-ló-rum,* Ave Dómi-na Ange-ló-rum

Salve ra-dix, salve porta, Ex qua mundo lux est orta :

Gaude Virgo glo-ri- ó-sa, Su-per omnes spe-ci- ó-sa : Va-le

o valde de-có-ra, Et pro no-bis Christum exó-ra.

The office concludes with this antiphon (without a blessing with holy water).

Please return this volume to the book rack.

Holy Saturday at Morning Prayer



OFFICE OF READINGS

All stand at the superior's signal.

INTRODUCTORY VERSICLE

Intoned by cantor, repeated by all.

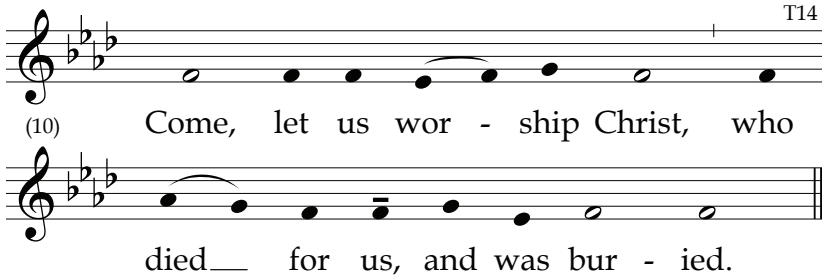
OT010

(6*) O Lord, o-pen my lips, and my mouth shall pro-

claim your praise.

INVITATORY ANTIPHON

Intoned by cantor, repeated by all.



PSALM 100 (99)

Creator and Shepherd

*Christ gave himself for us to redeem us from all iniquity,
and to purify for himself a people as his own. Ti 2:14*

¹ Cry out with joy to the LORD,
all the earth. ² Serve the LORD
with gladness. Come before
him, singing for joy. ³ Know
that he, the LORD, is God. He
made us; we belong to him.
We are his people, the sheep of
his flock.

**Come, let us worship Christ,
who died for us, and was bur-
ied.**

⁴ Enter his gates with thanks-
giving and his courts with

songs of praise. Give thanks to
him, and bless his name. ⁵
Indeed, how good is the LORD,
eternal his merciful love. He is
faithful from age to age.

**Come, let us worship Christ,
who died for us, and was bur-
ied.**

Glory...

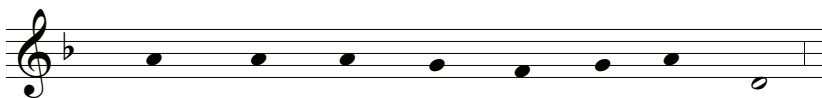
**Come, let us worship Christ,
who died for us, and was bur-
ied.**

HYMN

The hymn is alternated between the cantors/schola and the assembly.



- (9) 1. His Cross stands emp - ty in a world grown si - lent
 2. He sum - mons Ad - am and his gen - e - ra - tions,
 3. The Cross of Christ in ho - ly in - vi - ta - tion,
 4. With God the Fa - ther and the Ho - ly Spir - it,



1. Through hours of an - guish and of dread;
 2. Brings light where dark - ness end - less seemed;
 3. Bids faith - ful souls to come and live.
 4. Give praise to Christ the cru - ci - fied,



1. In still - ness earth a - waits the res - ur -
 2. He frees and claims his own so long held
 3. We sing its glo - ry bear - ing our sal -
 4. Who through the a - ges seeks to save his



1. rec - tion, While Christ _____ goes
 2. cap - tive, With whom _____ the
 3. va - tion, Where death _____ the
 4. lost ones: The sin - - - ful



1. down to wake the dead.
 2. liv - ing are re - deemed.
 3. gate of life did show.
 4. race for which he died. A - men. _____

All are seated at the conclusion of the hymn.

PSALM 4
Security under God's Protection

You will suffer in the world. But take courage. I have overcome the world. Jn 16:33

ANT: *In péace I will lie dówn and fall asléep, / for the Lórd will reléase me from my ánguish.*

The psalmody is alternated between the monastic community and the assembly.

- ² *I cálléd, the Gód of jústice gave me ánswer;
from ánguish you reléased me, have mércy and héar me!*
- ³ *Children of mén, how lóng will my glóry be dishónored,
will you lóve what is fútile and séek what is fálse?*
- ⁴ *Knów that the LÓRD works wónders for his fáithful one;
the LÓRD will héar me whenéver I cáll him.*
- ⁵ *Tremble, do not sín: pónder on your béd and be stíll.*
- ⁶ *Óffer right sácrifice, and trúst in the LÓRD.*
- ⁷ *“What can bríng us háppiness?” mány sáy.
Lift up the líght of your fáce on ús, O LÓRD.*
- ⁸ *You have pút into my héart a gréater jój
than abúndance of gráin and new wíne can províde.*
- ⁹ *In péace I will lie dówn and fall asléep,
for yóu alone, O LÓRD, make me dwéll in sáfety.*

ANT: *In péace I will lie dówn and fall asléep, / for the Lórd will reléase me from my ánguish.*

PSALM 15 (14)

If You Would Abide in God's Temple

You have come to Mount Sion, to the city of the living God. Heb 12:22

ANT: *Your hólý one shall abíde in your tént, / and dwéll on your hólý móuntain.*

- ¹ *LORD, whó may abíde in your tént,
and dwéll on your hólý móuntain?*
- ² *Whoéver wáلكs without fáult;
who dóes what is júst,
and spéaks the trúth from his héart.*
- ³ *Whoéver does not slándér with his tóngue;
who dóes no wróng to a néighbor,
who cásts no slúr on a friénd,*
- ⁴ *Who lóoks with scórn on the wicked,
but hónors those who féar the LÓRD.*
- Who keeps an óath, whatever the cóst,*
- ⁵ *who lénds no móney at ínterest,
And accépts no bríbes against the ínnocent.
Such a óne shall néver be sháken.*

ANT: *Your hólý one shall abíde in your tént, / and dwéll on your hólý móuntain.*

PSALM 16 (15)

My Portion and My Cup

*God freed him from death's bitter pangs, and raised him up again.
For it was impossible that death should keep its hold on him. Acts 2:24*

ANT: *Yóu will not abándon my sóul to héll, / nor let your hólý one sée corrúption.*

- ¹ *Presérve me, O Gód, for in yóu I take réfuge.*
- ² I sáy to the LÓRD, "Yóu are my Lórd.
My háppiness lées in yóu alóne."
- ³ As for the hólý ones who dwéll in the lánd,
they are nóble, and in thém is all my delíght.
- ⁴ Those who chóose other góds increáse their sórrows.
I will nót take párt in their ófferings of blóod.
Nór will I táke their námes upon my líps.
- ⁵ O LÓRD, it is yóu who are my pórtion and cúp;
yóu yoursélf who secúre my lót.
- ⁶ Pléasant pláces are márked out for mé:
a pleasing héritage indéed is míne!
- ⁷ I will bléss the LÓRD who gíves me cóunsel,
who éven at níght dirécts my héart.
- ⁸ I kéepe the LÓRD befóre me álways;
with hím at my ríght hand, I shall nót be móved.
- ⁹ And so, my héart rejóices, my sóul is glád;
éven my flésh shall rést in hópe.
- ¹⁰ For yóu will not abándon my sóul to héll,
nor lét your hólý one sée corrúption.
- ¹¹ You will shów me the páth of lífe,
the fúllness of jóy in your présence,
at your ríght hand, blíss foréver.

All stand.

Glory...

ANT: Yóu will not abándon my sóul to héll, / nor let
your hólý one sée corrúption.

V. *Táke up my cáuse and réscue me.*
R. Be trúe to your wórd and gíve me lífe.

LAMENTATIONS OF THE PROPHET JEREMIAH

All are seated.


Year A - Lam 3:22-30

Year B - Lam 4:1-6

Year C - Lam 5:1-11 (*The prayer of the prophet Jeremiah*)

RESPONSORY FOR YEAR A

All you who pass by, look and see: Is there any sorrow like my sorrow?




(10) Is there an-y sor-row like my___ sor-row?

T16

*Let all peoples take notice and see: **Is there any sorrow...***

RESPONSORY FOR YEAR B

I am counted among those who go down into the pit. I am a man without strength. I am like one alone among the dead.



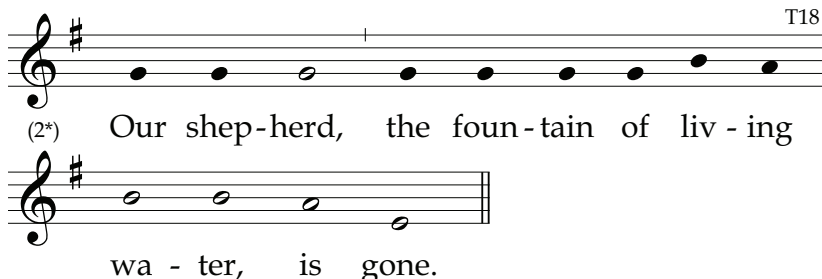
(10) I am like one a-lone a-mong the dead.

T17

*You have cast me into the depths of the pit, into darkness and the shadow of death. **I am like one alone...***

RESPONSORY FOR YEAR C

At his passing the sun was darkened. Now he who took captive the first man has been taken captive himself. Our shepherd, the fountain of living water is gone.



(2*) Our shep-herd, the foun-tain of liv-ing
wa-ter, is gone.

*Today our savior broke the bars and very gates of death. Our shepherd...
He destroyed hell's prisons and overthrew the power of the devil.
Our shepherd...*

PSALM 27 (26)

One Thing I Ask of the Lord

*Behold, God's dwelling is with the human race.
He will dwell with them and they will be his people. Rv 21:3*

ANT: *I believe I shall see the LORD's goodness / in the land of the living.*

¹ *The LÓRD is my líght and my salvátion;
whóm shall I féar?
The LÓRD is the stróngthold of my lífe;
whóm should I dréad?*

² *When thóse who do évil draw néar
to devóur my flésh,
It is théy, my énemies and fóes,
who stúmbles and fáll. ~*

- 3 Though an ármy encámp agáinst me,
my héart would not féar.
Though wár break óut agáinst me,
even thén would I trúst.
- 4 There is óne thing I ásk of the LÓRD,
only thís do I séek:
To líve in the hóuse of the LÓRD
all the dáys of my lífe,
To gáze on the béauty of the LÓRD,
to inquíre at his témples.
- 5 For thére he keeps me sáfe in his shélder
in the dáy of évil.
He hídes me under cóver of his tént;
he sets me hígh upon a rók.
- 6 And nów my héad shall be ráised
above my fóes who surróund me,
And I shall óffer withín his tént
a sácrifice of jóy.
I will síng and make músic for the LÓRD.
- 7 O LÓRD, hear my vóice when I cáll;
have mércy and ánsver me.
- 8 Of yóu my héart has spóken,
"Séek his fáce."
- It is your fáce, O LÓRD, that I séek;
9 hide not your fáce from mé.
Dismíss not your sérvant in ánger;
yóu have been my hélp.
- Dó not abándon or forsáke me,
O Gód, my Sávior!
- 10 Though fáther and móther forsáke me,
the LÓRD will recéive me.
-

- 11 Instrúct me, LÓRD, in your wáy;
on an éven path léad me
becáuse of my énemies.
- 12 Do not léave me to the wíll of my fóes,
for false wítnesses rise úp agáinst me,
and they bréathe out víolence.
- 13 I belíeve I shall sée the góodness of the LÓRD
in the lánd of the líving.
- 14 Wáit for the LÓRD; be stróng;
be stouthéarted, and wáit for the LÓRD!

ANT: I belíeve I shall sée the LORD's góodness / in the
lánd of the líving.

PSALM 77 (76)
Sleepless Night

We are afflicted in every way possible, but we are not crushed. 2 Cor 4:8

ANT: *In the dáy of my distréss I seek the Lórd. / My hánds
are ráised unwéaried; / my sóul refúses cómfort.*

- 2 *I crý alóud to Gód,*
cry alóud to Gód that he may héar me.
 - 3 In the dáy of my distréss I seek the Lórd.
In the níght my hands are ráised unwéaried;
my sóul refúses cómfort.
 - 4 As I remémber my Gód, I gróan.
I pónder, and my spírit fáints.
 - 5 You kéeep my éyes from clósing.
I am tróubled, unáble to spéak.
 - 6 I thínk of the dáys of long agó,
and remémber the yéars long pást.
 - 7 At níght I múse within my héart.
I pónder, and my spírit quéstions. ~
-

- 8 “Will the Lórd rejéct us foréver?
Will he shów us his fávör no móre?
- 9 Has his mércy vánished foréver?
Has his prómise cóme to an énd?
- 10 Has Gód forgóttén his mércy,
or in ánger withdráwn his compássion?”
- 11 I said, “Thís is what cáuses my gríef:
that the right hánd of the Most Hích has chánged.”
- 12 I remémber the déeds of the LÓRD,
I remémber your wónders of óld;
- 13 I múse on áll your wórks,
and pónder your míghty déeds.
- 14 Your wáy, O Gód, is in the hólý place.
What gód is as gréat as our Gód?
- 15 Yóu are the Gód who works wónders.
Among the péoples you shówed your pówer.
- 16 Your strong árm redéemed your péople,
the descéndants of Jácob and Jóseph.
- 17 The wátters sáw you, O Gód,
the wátters sáw you and ánguished.
Yes, the dépths were móved to trémble.
- 18 The clóuds poured dówn with ráin.
The skíes sent fóρθ their vóice;
Your árrows fláshed to and frá.
- 19 Your thúnderous vóice was in the whírlwind;
your fláshes líghted up the wórld.
The éarth was móved and trémbled.
- 20 Your wáy was thróugh the séa,
Your páth thróugh the míghty wátters,
but the tráce of your stéps was not séen.
-

- ²¹ You guided your péople like a flóck
by the hánd of Móses and Áaron.

ANT: In the dáy of my distréss I seek the Lórd. / My
hánds are ráised unwéaried; / my sóul refúses cómfort.

PSALM 88 (87)

My One Companion Is Darkness

*From noon until mid-afternoon there was darkness over all the earth.
Then Jesus cried out with a loud voice and yielded up his spirit. Mt 27:45,50*

ANT: *I am réckoned as óne in the tómb; / like the sláin
lýing in their gráves, / cut óff, as they áre, from your
hánd.*

- ² *O LÓRD and Gód of my salvátion,
I crý before you dáy and níght.*
- ³ *Let my práyer cóme into your présence.
Inclíne your éar to my crý.*
- ⁴ *For my sóul is fílléd with évils;
my lífe is on the brínk of the gráve.*
- ⁵ *I am réckoned as óne in the tómb;
Í am like a wárríor without stréngth,*
- ⁶ *Like one róaming amóng the déad,
like the sláin lýing in their gráves,
Like thóse you remémber no móre,
cut óff, as they áre, from your hánd.*
- ⁷ *You have láid me in the dépths of the pít,
in régions that are dárk and déep.*
- ⁸ *Your ánger wéighs down upón me;
I am drówned benéath your wáves.*
- ⁹ *You have táken awáy my friends;
to thém you have máde me háteful. ~*

- Imprisoned, I cannot escape;
10 my éyes are súnken with gríef.
I cáll to you, LÓRD, all day lóng;
to yóu I strétch out my hánds.
- 11 Will you wórk your wónders for the déad?
Will the shádes rise úp to práise you?
12 Will your mércy be tóld in the gráve,
or your fáithfulness in the pláce of perdítion?
13 Will your wónders be knówn in the dárk,
your jústice in the lánd of oblívion?
- 14 But Í, O LORD, crý out to yóu;
in the mórning my práyer comes befóre you.
15 Whý do you rejéct me, O LÓRD?
Why do you híde your fáce from mé?
- 16 I am wrétched, close to déath from my yóuth.
I have bórne your tríals; I am númb.
17 Your fúry has swept dówn upón me;
your térrors have útterly destróyed me.
- 18 They surróund me all the dáy like a flóod;
togéther they close ín agáinst me.
19 Friend and néighbor you have táken awáy:
my óne compánion is dárkness.

All stand.

Glory...

ANT: *I am réckoned as óne in the tómb; / like the sláin
lýing in their gráves, / cut óff, as they áre, from your
hánd.*

V. O LÓRD, *lift up my sóul from the gráve,*
 R. Restóre me to life from those who sínk into the pít.

PATRISTIC READING

All are seated.

RESPONSORY FOR YEAR A

The veil of the temple was torn in two, and the earth shook with fear. One of the thieves cried out from the cross: Remember me, O Lord, when you come to your kingdom.

T19

(13) Re - mem - ber me, O Lord, when you
 come to your king - dom.

*Rocks were split and tombs were opened, and many bodies of the saints who had died were raised. **Remember me...***

RESPONSORY FOR YEAR B

We must glory in the cross of our Lord Jesus Christ; in him is our salvation, our life, and resurrection. Through him we are saved and set free.


T20

(13) Through him we are saved and set free.

*O glorious cross, on you hung the Savior of the world; on you the King of angels gained the victory. **Through him...***

RESPONSORY FOR YEAR C

"Whomever I kiss, that is he; lay hold of him." That was the evil sign he used as he committed murder by a kiss. My friend used a kiss as a signal to betray me.

T21

(13) My friend used a kiss as a sig-nal to be-tray me.

The poor wretch flung away the money paid for blood, and in the end he hanged himself. **My friend...**

It were better for that man if he had not been born. **My friend...**



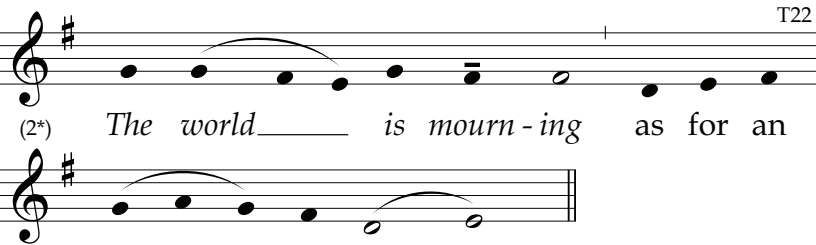
THE OFFICE OF LAUDS

All stand.

PSALM 64 (63)

Hostile Tongues and Heaven's Arrows

Be glad and rejoice, for they persecuted the prophets before you in the very same way. Mt 5:12

T22

(2*) The world is mourn-ing as for an
on - ly son.



The psalmody is alternated between the cantor(s)/schola and the assembly.

- 2 Hear, O Gód, the vóice of my *compláint*; *
guard my life from dréad of the *fóe*.
3 From the assémbly of the wícked, **híde** me, *
from the thróng of thóse who do évil.
4 They shárpen their tóngues like **swórd**s. *
They áim bitter wórds like **árrows**,
5 To shóot at the ínnocent from **ámbush**, *
shóoting súddenly and **féarlessly**.
6 Holding fírm in their évil **cóurse**, *
they conspíre to lay sécret **snáres**.
They sáy, “Whó will **sée** us? *
7 Whó can séarch out our **crímes**?”

They have háatched their wícked plóts, +
and bróught them to perféction. *

How profound the depths of the **h**éart!

- 8 Gód will shóot them with his **á**rrow, *
and déal them súdden **w**óunds.
- 9 Their own tóngue bríngs them to **r**úin; *
all who sée them sháke their **h**éads.
- 10 Thén will áll be afráid; +
they will téll what Gód has **d**óne, *
Théy will pónder God's **d**éeds.
- 11 The júst one will rejóice in the LÓRD; +
and flý to hím for **r**éfuge. *
All úpright héarts will **g**lóry.

Glory...

The antiphon is repeated.

ISAIAH 38:10-14, 17-20

Saved from Sheol

Jesus said to Martha, "Your brother will rise." Jn 11:23

(4) From the jaws of hell, O Lord, res - cue my soul.

¹⁰ *I sáid: In the mídst of my dáys I must depárt. +
To the gátes of Shéol I am appóinted *
for the rést of my yéars.*

¹¹ *I sáid, I shall not sée the LÓRD, *
in the lánd of the líving;
no móre shall I lóok on human béings *
among thóse who inhábit the wórld.*

¹² *My dwélling is pulled úp and remóved from me +
like a shépherd's tént; *
like a wéaver I have rólled up my lífe;
he cuts me óff from the lóom. *
From dawn to dúsk you bríng me to an énd.*

¹³ *I crý for hélp until mórning. +
Like a líon he crúshes all my bónes. *
From dawn to dúsk you bríng me to an énd.*

- ¹⁴ Like a young swállow I **múrmur**; *
like a dóve I **móan**.
My éyes are worn óut from looking **ú**pward. *
O LÓRD, I am opprésed; be my **secú**rity!
- ¹⁷ See, my bítterness has túrned to péace. +
You saved my sóul from the pít of **destrú**ction, *
for you have cást behind your báck all my **síns**.
- ¹⁸ For Shéol cannot gíve you **thán**ks *
nór can déath give you **prá**ise;
Nor can thóse who descénd into the **pít** *
hópe any lónger in your **fáith**fulness.
- ¹⁹ The líving, the líving one himsélf +
gíves you thánks as I dó this **dá**y. *
Parents make knówn to their children your **fáith**-
fulness.
- ²⁰ LORD, sáve me, and wé will **síng** *
to the sóund of **ín**struments,
áll the dáys of our **líves** *
in the hóuse of the LÓRD.

Glory...

The antiphon is repeated.



PSALM 150

Cosmic Hymn of Praise

To God be glory in the Church and in Christ Jesus, through all generations. Eph 3:21

T24

(5) I was dead and now I am to live for ev -
er and ev - er; I hold the keys to death
and the neth - er - world.

PT018

*Praise Gód in his hólý **plá**ce; **
*in his míghty fírmament, **prá**ise him.*

- 2 *Práise him for his pówerful **dé**eds; **
*práise him for his bóundless **grá**ndeur.*
- 3 *O práise him with sóund of **trú**mpet; **
*práise him with lúte and **há**rp.*
- 4 *Práise him with tímbrel and **dá**nce; **
*práise him with stríngs and **pí**pes.*
- 5 *O práise him with resóunding cýmbals; +*
*práise him with cláshing of **cý**mbals. **
- 6 *Let éverything that bréathes praise the LÓRD!*

Glory...

The antiphon is repeated.

V. His abode is set in peace,
R. And his dwelling place in Sion.

SCRIPTURE READING

All seated for the Reading.

After the Reading there will be a short period for reflection and prayer.

All stand at the superior's signal.

In place of the responsory, the following is sung by the cantor and repeated by all.

T32

(5) For our__ sake Christ was o - be - di - ent ac -
cept - ing e - ven death, death__ on a cross.__
There - fore God__ raised him on__ high and__
gave__ him the name a - bove all__ oth - er names.

CANTICLE OF ZACHARY [Luke 1: 68-79]

*Then John's father Zechariah was filled with the Holy Spirit and prophesied.
(Luke 1:67)*

T25

(1*) Save us, O Sav-ior of the world. On the
cross you re-deemed us by the shed-ding
of your blood. We cry out for your help, O God.

PS042

The canticle is alternated between the cantor(s)/schola and the assembly.

- 6 Blést be the Lórd God of Ísrael:
for he has vísited his péople and redéemed them.
He has raised úp for us a hórñ of salvátion
in the Hóuse of Dávid his sérvant,
As he spóke through the móuth of his hólý ones,
his próphets from áges pást:
- 4 A sávior who would frée us from our fóes,
and from the hánds of áll who háte us,
To shów loving mércy to our fáthers
míndful of his hólý cóvenant.
- 4 This was the óath he swore to Ábraham our fáther,
to grant that fréed from the hánds of our fóes,
We might sérv him in hóliness and ríghteousness,
all the dáys of our lífe without féar.

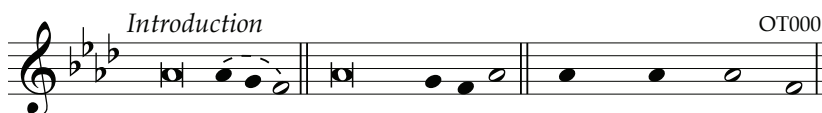
- 6 And yóu, little chíld, will be **cá**lled
 próphet of Gód Most **Hígh**,
 For yóu will gó before the **Lórd**
 to make réady his wáys befóre him,
 To grant a knówledge of salvátion to his **pé**ople
 through the forgiveness of áll their **síns**.
- 5 By the lóving mércy of our **Gód**,
 the Dáwn from on hígh will **vísit** us,
 To shíne on those who sít in **dárk**ness,
 and thóse in the shádw of **dé**ath,
 to guide our fées into the wáy of **pé**ace.

Glory...

The antiphon is repeated.

INTERCESSIONS

*With yearning hearts we invoke the Lord of **mercy**.*



Petition...

Lord, have mer-cy.
 Christ, have mer-cy.
 Lord, have mer-cy.

*Sustain us in hope as we await your **resurrection**:*

Lord, have mercy.

*Drive from the world the darkness of **sin** and death:*

Christ, have mercy.

*Raise up new vocations to our life of **holy** service:*

Lord, have mercy.

*May the divine assistance remain **always** with us:*

And with our absent brethren.

OUR FATHER

Abbot: OT009

Let us pray as Christ the Lord has taught us:

Assembly:

Our Fa-ther, who art in heav-en, hal-lowed
be thy name; thy king-dom come; thy will be
done on earth as it is in heav-en. Give us this
day our dai-ly bread; and for-give us our
tres-pass-es as we for-give those who
tres-pass a-gainst us; and lead us not in-to
temp-ta-tion, but de-liv-er us from e-vil.

ORATION

Leader Assembly T11

Let us bless the Lord.____ Thanks be to God.____

BLESSING

Please return this volume to the book rack.

Holy Saturday at Daytime Prayer

All stand at the superior's signal.

INTRODUCTORY VERSICLE

Choir Leader: L010

O God, come to my as - sist - ance.

All:

O Lord, make haste to help me.

Glory to the Father, and to the Son, and to the

Ho - ly Spir - it: as it was in the beginning, is

now, and will be for ev - er. A - men.____

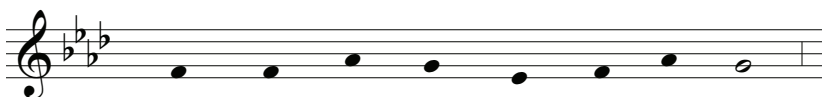
HYMN

The hymn is alternated between the cantor(s) and the assembly.

T12



- (2*) 1. O cross, by _____ which the world is blest,
2. On you is _____ raised the Lamb and King
3. To Je - sus _____ Christ the glo - ry be,



1. Our ran - som firm made man - i - fest:
2. Who to him - self draws eve - ry - thing.
3. Whose might - y death has set us free,



1. Of death you once did bear the weight,
2. The world's dark Prince has waged his war,
3. Whose vic - to - ry is Sa - tan's loss,



1. But now you _____ glow as heav-en's gate.
2. But now he _____ can as - sail no more.
3. The tri - umph _____ of the ho - ly cross.



A - men. _____

All are seated at the conclusion of the hymn.

PSALM 55 (54)
Betrayed by Intimate Friend

Woe to that man by whom the Son of Man is betrayed. Mk 14:21

T26

(4 tr) The Lord will de - liv - er my soul in
peace in the at - tack a - gainst me.

PT013

All are seated for the singing of the psalmody which is alternated between the cantor(s) and the assembly.

I

- 2 Give éar, O Gód, to my práyer; *
do not híde from my **pléading**.
- 3 Atténd to mé and replý; *
with my cáres, I cannot **rést**.
- 4 I trémble at the shóuts of the **fóe**, *
at the críes of the **wícked**,
For they píle up évil upón me; *
in ánger they **malígn** me.
- 5 My héart is strícken withín me; *
death's térror falls upón me.
- 6 Trémbling and féar come óver me, *
and hórror over**whélms** me.
- 7 I say, "Ó that I had wíngs like a **dóve**, *
to fly awáy and be at **rést**!
- 8 I would indéed escápe far **awáy**, *
and take réfuge in the **désert**. ~



9 Í shall await him who **sáves** me *
from the ráging wind and **témpest**."

10 Engúlf and confúse their speech, O **Lórd**, *
for I see víolence and strífe in the **cítý**!

11 Night and dáy they patról its **wálls**. *
In its mídst are wíckedness and **évil**.

12 Destrúction lís withín it. +
Its stréets are néver **frée** *
from týranny and decéit.

13 If an énemy made táunts **agáinst** me, *
Í could **béar** it.
If my ríval had rísen **agáinst** me, *
I could híde from **hím**.

14 But it is yóu, as my équal, my fríend, +
whom I knéw so **wéll**, *
with whóm I enjóyed fríendly **cóunsel**!
We wálked togéther in **hármony** *
in the hóuse of **Gód**.

II

16 *May déath fall súddenly upón them! **
Let them go dówn alíve to the gráve,
*For wíckedness dwélls in their hómés, **
and déep in their héarts.

17 *As for mé, I will crý to Gód, **
and the LÓRD will sáve me.

18 *Évening, mórning, and at nóon, +*
*I will crý and lámént, **
and he will héar my vóice.

- ¹⁹ He will redéem my sóul in péace +
in the attáck **agáinst** me, *
for thóse who fíght me are **mány**.
- ²⁰ Gód, who is enthronéd foréver, *
will héar them and **húmb**le them.
For théy will not aménd their **wáys**; *
they have no féar of **Gód**.
- ²¹ The tráitor has túrned against his **fríends**; *
he has bróken his **páct**.
- ²² His spéech is sófter than **bútt**er, *
but wár is in his **héart**.
His wórds are smóother than **óil**, *
but they are swórds unshéathed.
- ²³ Entrúst your cáres to the **LÓRD**, *
and hé will suppórt you.
Hé will néver allów *
the júst man to **stúmb**le.
- ²⁴ But you will bríng them dówn, O **Gód**, *
to the pít of **déath**:
The blóodthirsty ánd the líars +
shall not líve even hálf their **dáys**. *
But Í, I will trúst in you, O **Lórd**.

PSALM 56 (55)

A Record of My Tears

*Do not grow lazy, but imitate those who, through faith and patience,
are inheriting the promises. Heb 6:12*

- ² *Have mércy on mé, O Gód, +
for péople assáil me; *
they fíght me all day lóng and oppress me.*
- ³ My fóes assáil me all day **lóng**: *
mány fight próudly **agáinst** me. ~



- 4 On the dáy when Í shall féar, +
I will trúst in **yóu**, *
- 5 in Gód, whose wórd I **práise**.
In Gód I trúst; I shall not **féar**. *
Whát can mere flésh do to **mé**?
- 6 All day lóng they distórt my **wórd**s, *
their évery thought agáinst me is évil.
- 7 They bánd togéther in ámbush; +
they wáitch my véry **fóot**steps, *
as they wáit to táke my **lífe**.
- 8 Repáy them, O Gód, for their **crí**mes; *
in your ánger, bríng down the **pé**oples.
- 9 You have képt an accóunt of my wánderings; +
you have pláced my téars in your **flásk**; *
áre they not recórded in your **bóok**?
- 10 Thén my fóes will turn **báck** *
on the dáy when I cáll to **yóu**.
- This I knów, that Gód is on my síde. +
- 11 In Gód, whose wórd I **práise**, *
In the LÓRD whose wórd I **práise**,
- 12 In Gód I trúst; I shall not **féar**. *
Whát can man dó to **mé**?
- 13 I am bóund by the vóws I have **máde** you. *
O Gód, I will óffer you **práise**,
- 14 For you have réscued my sóul from **déath**; *
you képt my féet from **stúm**bling,

That I may walk in the présence of **Gód**, *
in the líght of the líving.

All stand.

Glory...

T26

(4 tr) The Lord will de - liv - er my soul__ in
peace in the at - tack a - gainst__ me.

BRIEF READING

V. *Yóu will not abándon my sóul to héll,*
R. *Nor lét your hóly one sée corrúption.*

Let us pray.

ORATION

T11

Leader *Assembly*
Let us bless the Lord.__ Thanks be to God.__

*May the souls of the faithful departed,
through the mercy of God, rest in peace.
Amen.*

*May the divine assistance remain always with us.
And with our absent brethren. Amen.*

Please return this volume to the book rack.

Holy Saturday at Vespers



All stand at the superior's signal.

INTRODUCTORY VERSICLE

Choir Leader: L010

O God, come to my as - sist - ance.

All:

O Lord, make haste to help me.

Glory to the Father, and to the Son, and to the

Ho - ly Spir - it: as it was in the beginning, is

now, and will be for ev - er. A - men. —

HYMN

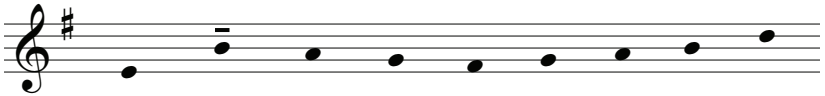
The hymn is alternated between the cantor(s)/schola and the assembly.



- (9) 1. His Cross stands emp - ty in a world grown si - lent
2. He sum - mons Ad - am and his gen - e - ra - tions,
3. The Cross of Christ in ho - ly in - vi - ta - tion,
4. With God the Fa - ther and the Ho - ly Spir - it,



1. Through hours of an - guish and of dread;
2. Brings light where dark - ness end - less seemed;
3. Bids faith - ful souls to come and live.
4. Give praise to Christ the cru - ci - fied,



1. In still - ness earth a - waits the res - ur -
2. He frees and claims his own so long held
3. We sing its glo - ry bear - ing our sal -
4. Who through the a - ges seeks to save his



1. rec - tion, While Christ _____ goes
2. cap - tive, With whom _____ the
3. va - tion, Where death _____ the
4. lost ones: The sin - - - ful



1. down to wake the dead.
2. liv - ing are re - deemed.
3. gate of life did show.
4. race for which he died. A - men. _____

PSALM 116B (115:10-19)

You Have Loosened My Bonds

Through Christ let us offer to God a continual sacrifice of praise. Heb 13:15

T27

(8) To - day I am great-ly af-flict - ed, but to -
mor - row I shall loose my bonds.

PT032

(.)

The psalmody is alternated between the cantor(s)/schola and the assembly.

- 10 *I trústed, éven when I **sáid**, **
"I am sórely afflicted,"
- 11 *And whén I sáid in my **alárm**, **
*"These péople are all **líars**."*
- 12 *Hów can I repáy the **LÓRD** **
*for áll his góodness to **mé**?*
- 13 *The cúp of salvátion I will **ráise**; **
*I will cáll on the náme of the **LÓRD**.*
- 14 *My vóws to the **LÓRD** I will fulfill **
*before áll his **péople**.*
- 15 *How précious in the éyes of the **LÓRD** **
*is the déath of his **fáithful**.*
- 16 *Your sérvant, **LORD**, your sérvant am Í, +*
*the són of your **hándmaid**; **
*you have lóosened my **bón ds**.*
- 17 *A thánksgiving sácrifice I **máke**; **
*I will cáll on the náme of the **LÓRD**.*
- 18 *My vóws to the **LÓRD** I will fulfill **
*before áll his **péople**,*

Glory...

Bring My Soul Out of Prison

*So the soldiers went and made the sepulcher secure,
putting seals on the stone and mounting a guard. Mt 27:66*

(8) *I look on my right hand and see; and*

there_ is no_ one who pays_ me heed.

2 *With all my voice I cry to the LÓRD; **
with all my voice I entréat the LÓRD.
3 I póur out my tróuble befóre him; *
I téll him áll my distréss
4 While my spírit fáints withín me. *
But yóu, O Lórd, know my páth.
On the wáy where Í shall wálk, *
they have hídden a snáre to entráp me.
5 Lóok on my right hánd and sée: *
there is nó one who páys me héed.
No escápe remains ópen to mé; *
nó one cáres for my sóul. ~



6 To yóu I crý, O LÓRD. +
I have sáid, “Yóu are my **réfuge**, *
my pórtion in the lánd of the **líving**.”

7 Lísten, thén, to my **crý**, *
for Í am brought dówn very **lów**.
Réscue me from thóse who pursúe me, *
for they are strónger than Í.

8 Bring my sóul out of **príson**, *
and Í shall give thánks to your **náme**.
Aróund me the júst will assémbles, *
becáuse of your góodness to **mé**.

Glory...

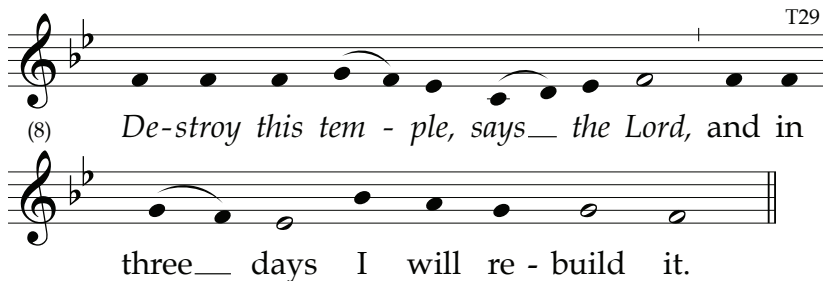
The antiphon is repeated.

PHILIPPIANS 2:6-11

Christ, God's Holy Servant

They took him down from the tree and placed him in a tomb.

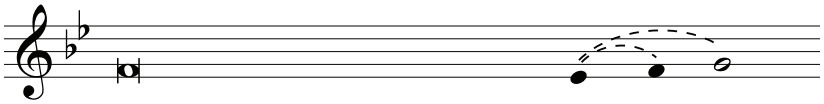
But God raised him from the dead. Acts 13:29-30



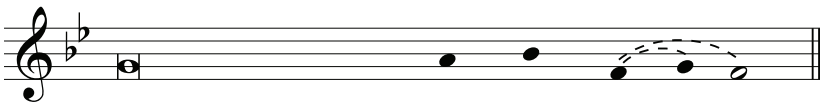
OT007



1. *Although he wás* in the fóm of Gód,
2. **Ráther did he** émp - ty him - sélf,
3. *And being* found in hu - man form,
4. **And for this,** God ex - ált - ed him,
5. *Só that at the* náme of Jé - sus
6. **And évery** tóngue con - féss
7. *Glóry to the Fá - ther* and to the Són
8. **As it wás in the be - gín - ning,** is now,



1. *he did not regárd eqúality with* Gód
2. **táking on the fóm of a** sláve
3. *he húmbled himsélf, obedient unto* déath,
4. **and bestówed upon him the** náme
5. *évery knée shall bénd in the* héav - ens,
6. **that Jésus Chríst is** Lórd,
7. []
8. []



1. *sóme thing to wích he* wóuld lay cláim.
2. **being máde in** hu - man líke - ness.
3. *déath up - - -* ón a cróss.
4. **that is abóve every** óth - er náme.
5. *on the earth, and in the* wóuld be - low,
6. **to the glóry of** Gód the Fá - ther.
7. *ánd to the* Hó - ly Spír - it:
8. **and wíll bé for év - er.** A - mén.

The antiphon is repeated.

V. I knów the LORD will sáve his anóinted,
R. With the míghty víctory of his hánd.

READING

All seated for the Reading.

After the Reading there will be a short period for reflection and prayer.

All stand at the superior's signal.

In place of the responsory, the following is sung by the cantor and repeated by all.

T32

(5) For our__ sake Christ was o - be - di - ent ac -
cept - ing e - ven death, death__ on a cross.__
There - fore God__ raised him on__ high and__
gave__ him the name a - bove all__ oth - er names.

CANTICLE OF MARY [Luke 1:46-55]

"Blessed are you who trusted that what was spoken to you by the Lord would be fulfilled." (Luke 1:45) And Mary said:

T30

(8) The chief__ priests and__ the phar - i - sees

made the sep-ul-cher se-cure, seal-ing the
stone and set - ting the guard.

PS049

The canticle is alternated between the cantor(s)/schola and the assembly.

- 4 *My soul procláims the gréatness of the **Lórd**,
and my spírit exúlts in God my Sáviór,*
For he has lóoked upon his hándmaid in her **lów**liness;
henceforth all áges will cáll me **bléssed**.
- 4 For the Almíghty has done gréat things for **mé**.
And hóly ís his **náme**.
His loving mércy is from áge to áge
for thóse who **féar** him.
- 6 He has made knówn the stréngth of his **árm**,
and has scátted the próud of **héart**.
He has put dówn the míghty from their **thrónes**
and has exálted thóse who are **lów**ly.
He has fílléd the húngry with **góod** things,
and has sént the rích away **émpty**.
- 4 He has álways helped Ísrael his **sérvant**,
míndful of his lóving **mércy**,
Éven as he prómised our **fáthers**,
to Ábraham and hís descéndants foréver.

Glory...

The antiphon is repeated.

INTERCESSIONS

*We beseech the Lord's presence with fervent **longing**.*

Introduction OT000



Petition... Lord, have mer-cy.
 Christ, have mer-cy.
 Lord, have mer-cy.

*Let our eyes and hearts be fixed on **you** alone: **Lord...***

*May your death be a sign of hope **for** all peoples: **Christ...***


*Welcome into your glory the **faithful** departed: **Lord...***

*May the divine assistance remain **always** with us:*

And with our absent brethren.


OUR FATHER

Abbot: OT009

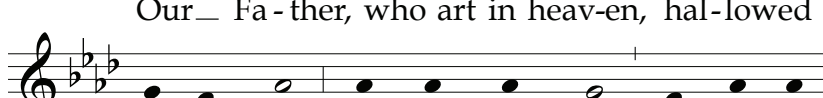


Let us pray as Christ the Lord has taught us:

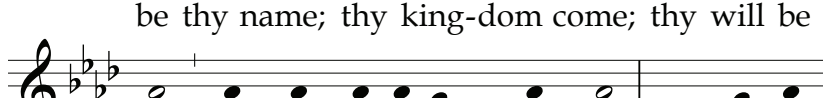
Assembly:



Our— Fa—ther, who art in heav-en, hal—lowed



be thy name; thy king-dom come; thy will be



done on earth as it is in heav-en. Give us this

day our dai - ly bread; and for - give us our
 tres - pass - es as we for - give those who
 tres - pass a - gainst us; and lead us not in - to
 temp - ta - tion, but de - liv - er us from e - vil.

ORATION

Leader *Assembly* T11
 Let us bless the Lord. — Thanks be to God. —

BLESSING

Please return this volume to the book rack.





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Acknowledgments

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Code:

CA= Conception Abbey

C04: Text: *Salva nos, Domine, vigilantes*, tr ICEL 1975
p. 44 Melody: *Salva nos, Domine, vigilantes*, Ant. Rom. 1912, adapt CA 1988

L010: Text: *Deus in adiutorium* [Ps 70:2], tr ICEL 1975 alt
p. 33,40,69,76 Melody: CA 1998

OT009: Text: *Et nunc orationem* *Ö Pater noster* [cf Mt 6:9-13], tr ICEL 1975 alt
p. 32,68,84 Melody: cf Ant. Mon. 1934, *Oratio Dominica, tonus sollemnis*,
adapt QMK 1974 & CA 1992

OT010: Text: *Domine, labia* [Ps 51:17], tr ICEL 1975 alt
p. 6,46 Melody: CA 1998

PS042 (p. 30,66); PS044 (p. 45); PS049 (p. 83): Psalm Tones: *Conception Abbey Psalm Tones*,
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PT007, PT011, PT013 PT015, PT018, PT030, PT032: Psalm Tones: CA

S3021: Text: © 1974 Stanbrook Abbey, 34 Callow End, Worcester, WR2 4TD;
p. 8 alt ARR 1998
Tune: CROSS OF CHRIST, CM; CA 1974

T01: Text: *Christum, Dei Filium* [cf Mt 16:16b, Heb 9:12b], tr ICEL 1975 alt
p. 7 Melody: CA 2002

T02: Text: cf *Jerusalem, surge and Plange quasi virgo*, tr WS II (1982) 200
p. 15 Melody: CA c1968, ed CA 2002

T03: Text: cf Is 53:2,4-5; tr WS II 206
p. 15 Melody: CA c1968, ed CA 2002

T04: Text: *Tristis est* [cf Mt 26:38,45b,47,57b] tr Benedictine Sisters of
p. 16 Perpetual Adoration, Clyde, Missouri, alt CA 1964
Melody: CA c1968, ed CA 2002

T05: Text: Col 2:15,14ad, Jn 8:28a; tr WS II 202 alt
p. 22 Melody: CA 2002 (after CA c1968)

T06: Text: *Ecce quomodo moritur* [cf Wis 4:14-15; Acts 8:32-33], tr
Benedictine
p. 22 Sisters of Perpetual Adoration, Clyde, Missouri, alt CA 1964 & CA 2002
Melody: CA c1968, adapt CA 2002

- T07: Text: *Non corruptibilibus argento* [cf 1 Pt 1:18-19; Eph 2:18, 1 Jn 1:7],
p. 23 tr ICEL 1975
Melody: CA 2002 (after CA c1968)
- T08: Text: cf Heb 9:12b, Col 1:20
p. 24 Melody: CA 2002
- T09: Text: *Crucem tuam adoramus*, tr ICEL 1975 abr & alt
p. 28 Melody: CA 2002
- T10: Text: *Posuerunt super caput* [Mt 27:37, Jn 19:19b], tr ICEL 1975
p. 30 Melody: *Posuerunt*, adapt CA 1978, alt CA 1992, 2012
- T12: Text: *Crux, mundi benedictio*, Petrus Damianus (1007-1072); tr CA 2002
p. 34,41,70 Tune: AD HORAM MEDIAM (TEMPORE QUADRAGESIMAE), LM
(*Lib. Hymn.* 1983)
- T13: Text: *Hora sexta tenebrae* [Mt 27:45], tr ICEL 1975
p. 35 Melody: CA 2002
- T14: Text: *Christum Dominum...passum et sepultum*, tr ICEL 1975 alt
p. 47 Melody: CA 2002
- T15: Text: Stanbrook Abbey 1971, © 1974 Stanbrook Abbey,
p. 48,77 34 Callow End, Worcester, WR2 4TD; alt 1992
Tune: EMPTY CROSS, 11.8.11.8; CA 1978, alt. CA 2012
- T16: Text: cf Lam 1:12; tr WS II 210
p. 52 Melody: CA 2002
- T17: Text: Ps 88:5-6; tr WS II 216 alt
p. 52 Melody: CA 2002
- T18: Text: *Recessit pastor*, tr Benedictine Sisters of Perpetual Adoration, Clyde,
p. 53 Missouri, alt CA 1964 & CA 2002
Melody: CA c1968, adapt CA 2002
- T19: Text: cf Mt 27:51-52, Lk 23:42; tr WS II 214 alt
p. 59 Melody: CA 2002 (after CA c1968)
- T20: Text: cf Gal 6:14a; cf Jn 4:42b, 11:25a; tr WS II 219 alt
p. 59 Melody: CA 2002 (after CA c1968)
- T21: Text: *Amicus meus* [Mt 26:48,24; 27:5], tr Benedictine Sisters of Perpetual
p. 60 Adoration, Clyde, Missouri, alt CA 1964 alt
Melody: CA c1968, ed CA 2002
- T22: Text: Zech 12:10b (*Plangent eum quasi*, tr ICEL 1975 abr)
p. 60 Melody: CA 2002
- T23: Text: *A porta inferi erue* [cf Is 38:10b,17a], tr ICEL 1975 alt
p. 62 Melody: CA 2002
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- T24: Text: Rv 1:18, tr RNAB 1986 alt
p. 64 Melody: CA 2012
- T25: Text: *Salvator mundi, salva*, tr ICEL 1975
p. 66 Melody: *Mulieres sedentes*, adapt CA 1978, alt CA 1992, 2012
- T26: Text: Ps 55:19ab, tr Grail 1963 alt
p. 71 Melody: CA 2002
- T27: Text: cf Ps 116:10b,16c
p. 78 Melody: CA c1968
- T28: Text: Ps 142:5, tr RG 2010 alt
p. 79 Melody: CA c1968, adapt. CA 2012
- T29: Text: Jn 2:19 (*Solvite templum hoc*, tr ICEL 1975 abr)
p. 80 Melody: CA 2002, alt. 2012
- T30: Text: cf Mt 27:62b,66
p. 82 Melody: CA c1968
- T31: Text: Ps 143:4, tr RG 2010
p. 26 Melody: CA 2012
- T32: Text: *Christus factus est* [cf Phil 2:8-9], tr ICEL 1975
p. 29,43,65,82 Melody: *Christus factus est*, adapt. CA c1968, CA 2012
- T33: Text: *Ave Regina caelorum*, attr. Hermannus Contractus (1013-1054)
p. 45 Melody: *Ave Regina caelorum* (simplex), Ant. Mon. 1934